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OUTSIDE • Opening Day 2012 by Matt Ebert

Opening day of the 2012 gamefish season is here Saturday, May 5th, and with our rollercoaster ride of temperature this spring combined with early ice-out, fishing patterns will be quite different then what we normally expect this time of year. Every lake has different characteristics: such as water clarity, depth, size, etc. These characteristics control things like water temperature which, in turn, affects patterns that determine where the fish will be.

As I write this, fishing season has yet to open, so no one really knows exactly where certain species of fish may be, but I'm going to give you a general idea where to start looking.

Walleye spawning is well over with. The fish are leaving their Spring spawning grounds and traveling to areas of new green weeds in search of food. By using an 1/8 oz. jig tipped with a fathead minnow, these fish can be pulled from the new weed growth.

Northern Pike can be found in these same locations and can be caught in a variety of ways: including using slip bobbers, cubs, or a slightly larger jig and minnow combo.

Bass will start spawning soon and can be seen making beds along the shorelines. They are very vulnerable this time of year and fishing for them is strictly catch-and-release, until June 16th, on our northern waters.

Crappies should also be coming into their spawning areas around the opener. Look for them in the shallow pencil reeds or shallow areas in the wood. A simple Crappie minnow beneath a bobber with a split shot will catch these fish.

Good luck during the 2012 open water fishing season!



NORTHERN WISCONSIN FISHING EVENTS-2012:

MAY 5: General gamefish season opener.

MAY 5-JUNE 15: Bass fishing catch & release only.

MAY 15: Muskellunge season opens on

Wisconsin/Michigan border lakes only.

MAY 26: Muskellunge season opens in Northern Wisconsin lakes.

JUNE 2 & 3: Free Fishing Weekend.

UPPER MICHIGAN FISHING EVENTS-2012:

MAY 15: Fishing opener including Walleye, Northern Pike, and Muskellunge. JUNE 9 & 10: Free Fishing Weekend

Author and fishing guide (Matt Ebert) with a 10 pound May Walleye caught on one of our area lakes

Please support our **OUTSIDE** contributors

MATT EBERT GUIDE SERVICE 715-891-3927

GUIDE & OUTFITTER 715-891-3260



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This Summer in Land O' Lakes



Markets, markets, markets!!! Farmers Market in the lot across from the Library every Thursday from 9 a.m. to noon starting on Thursday, June 14. Shop for all of your fresh vegetables, fruits, baked goods, cheeses and more.

Then check out the NEW-THIS-YEAR Flea Market in the lot between Forget Me Not Floral and Artistree Gallery. The Flea Market will be held every Thursday starting on May 24 and continuing throughout the summer from 8:30 a.m. to 3 p.m. This will be the place for you to shop and find that treasure you have been looking for. If you are an interested Flea Market vendor, contact Kristi Hehn at 715-545-3340. She will be happy to include you in the event for a weekly fee of \$5 per 10 x

10 booth space. Or if you would like commit to the whole summer of 15 weeks from May 24 through August 30, you can register with Kristi for \$65 for the summer.

On Market Day in Land O' Lakes be sure to stop in at the downtown shops as well. They will be open for your shopping pleasure with many special items both inside and outside of their stores. Refresh yourself and fill your tummies at the local restaurants, ice cream shops and lounges. Come to Land O' Lakes on Thursdays this summer for Market Day and every day for good hometown friendly atmosphere. Land O' Lakes will welcome you and treat you like a friend.

Land O' Lakes Historical Society News

The Land O' Lakes Historical Society is working on a new exhibit for the Land O' Lakes Northern Waters Museum located just off Hwy. B in the Land O' Lakes Town Park. This exhibit will feature artifacts and stories from well known area guides and their families. It will open this spring, and volunteers for various tasks are being recruited.

Historical Society volunteer, Barb Wilkinson, has been interviewing local guides and families, and many items have been promised as gifts or loans for the exhibit which will open Thursday, June 28. Needed as soon as possible is a volunteer to head the collection of these loaned and donated items.

Lisa and Paul Stemen will help Wilkinson coordinate installation of the exhibit after the items are collected and catalogued. Persons interested in helping with this process or loaning items to the exciting exhibit may call Wilkinson at (906) 544-2183.

Plans are also underway for an opening party at the museum. The event is being organized by Lisa Stemen. Other events for the summer are also in the planning stage.

Looking forward, Barbara Nehring and her co-worker, Bob Zelinski, of Watersmeet, MI, are gathering information on the Donaldson School, one of the first schools in the Land O' Lakes area. Anyone having information on the Donaldson School or artifacts from that school, or other early area schools, which they would be willing to loan or give to the Historical Society for the exhibit, may contact Nehring at (715) 547-3333. The Historical Society can also copy and return old photographs, postcards, newspaper articles, posters, etc.

The Donaldson exhibit will not open until 2013, but research has already been underway since last summer.

For more information on the Land O' Lakes Historical Society, please contact any of the above numbers, or check the Historical Society website at www.landolakeshistory.org. The redesigned website is maintained by Lisa Stemen.

The Historical Society meets the third Thursday of each month at 10 a.m. at the Land O' Lakes Town Hall. Anyone interested in preserving and presenting Land O' Lakes area history is welcome to attend.



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Opening Day Breakfast

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Saturday, May 5th, 7:30-11am

odge West Shore Rd, Phelps, WI. Adults \$10, Children - 10 and under \$4. Sponsored by the Lac Vieux Desert Lake Association. All proceeds to benefit Lac Vieux Desert.

Phelps Library

Movie Afternoon will be Wednesday, May 9th, starting at 2:00pm. The Library will be showing *The Vow*, Rated PG-13, starring Rachel McAdams and Channing Tatum. There will be free admission, popcorn, and coffee.

The Vow is based on the actual relationship of Kim and Krickitt Carpenter, who wrote a book about their marriage, also known as *The Vow*. Ten weeks after their wedding on September 18, 1993, the couple was in an auto-



mobile accident. Krickitt suffered brain trauma, which erased memories of her romance with Kim as well as their recent marriage. Kim, however, was still madly in love with his wife and although she viewed him as a stranger after the accident, he endeavored to win Krickitt's heart again.~ *Wikipedia*

Story Hour will be Friday, May 11th at 12:15pm. All ages are welcome and everyone will enjoy their favorite stories and special music. For more information about these events please call 715-545-2887.

Earth Day Service Project

The spirit of helpfulness and pride in doing something positive for the community and environment will motivate students to trade their pens for rakes, their backpacks for garbage bags and their books for shovels while they give their energy and muscles to once again benefit their communities one lawn at a time.

This year on Wednesday, May 2nd, Northland Pines High School celebrated the ninth year that students and staff have gone out into communities within the school district and performed clean-up projects for organizations and individuals.



"Earth Day for Northland Pines and a busload of energetic young folks poured out of the bus, rakes in hand, and started in. In a short time the leaves and pine needles had all been removed and the yard looked so neat...the wonderful young people used their energy and time to help with a task I can no longer do myself and I am grateful to them all for their help." – Eagle River Community Member

For more information or to be placed on the list for next year, please contact Ann Perry at (715) 479-4473 \times 0402.



BORDER **HAPPENINGS**

ANNOUNCEMENTS•••

NPHS Schloraship & Awards **Night:** May 7, 6:30-7:30pm.

CONOVER • • •

Conover Transfer Station:

Sat, Sun, and Wed only from 9am to 3pm.

Conover Post Office Window:

Mon-Fri, 9am-12:30 & 1:15-4pm, Sat 9-11am.

LAND O' LAKES • • • Wine Tasting:

Forest Lake Country Store, May 9.

Opening Weekend Breakfast: Sunrise Lodge, May 5, 7:30-11am.

Line Dancing: St. Alberts Church, every Tues, starting May 15, 10am-12pm.

LOLA Art Center Classes:

Rug Hooking Camp: Jun 4-6, 9am-4pm. Fee. Register by May 11. Rug Hooking Workshop: Jun 7, 9am-4pm. Fee. Reg. by May11. Contact Wendy 715-493-5361 or 715-547-3950 to register or for

A.A.: LOL Town Hall, Sun, 2pm.

Fish & Game Club: Ely Church, second Tues (May-October), 7pm. Refreshments 6:30pm. Speaker, May 8th "Outdoor and Wilderness Safety".

Headwaters Food Pantry:

Meeting: Olympic 76 St, 3rd Tue in Mar, Jun, Sept & Dec, 12:30pm. Food Pantry Pick-up: Olympic 76 St, 1st & 3rd Wed, 8:30-11:30am.

LOL VFW Post 8400: VFW Hall, last Tue, 7pm.

LIBRARY PROGRAMS:

Pre-School Story Time: every Wed, 10-11am, until May. Stories, games, crafts, treats, and more. Basic Computer Classes: every Thurs, 1pm.

One on One Computer Help: every Fri, 1-3pm.

Hours: M, T, TH, F: 10am-4pm, W: 10am-7pm, Sat: 10am -1pm.

Drop Stitch Group: knit & crochet group, LOL Library, Wed, 1-3pm.

Headwaters Ecumenical Lunch Program: Ely Church, 1st & 3rd Wed, 10:30am-12:30pm.

LOL Planning & Beautification Meeting: LOL Town Hall, 2nd Wed, 8:30am. Public welcome.

Wilderness Lakes Trails: LOL Chamber building, 4th Wed, 5pm. Public welcome.

VFW Post 8400 Ladies Auxillary: LOL VFW Hall, last Wed, 2pm.

New-U Club: Watch your weight with friends. Headwaters Bank, Thu, 8:45-10am.

Frosty Snowmobile Club: LOL Town Hall, 1st Thurs, 6pm.

Veterans Helping Veterans Outreach Group: LOL Bible Church, 2nd Thurs, 6pm.

Airport Commission: Land O' Lakes Airport, 2nd Thu, 5:30pm. landolakesairport@hotmail.com

LOL Chamber Meeting: 3rd Thu, 7:30am. Public welcome.

LOL Collection Site: Tue 8-3, Thurs 12-4, Sat 8-4.

LOL Post Office Window:

Mon-Fri, 9:30am-1pm & 2-4pm, Sat 9:30-11am.

PHELPS • • • LIBRARY PROGRAMS:

Movie "The Vow": May 9, 2pm.

Popcorn and coffee. Free . Story Hour: May 11, 12:15pm. Kids will enjoy their favorite stories and special music. All ages are welcome. **Hours:** M, T, TH, F: 10am-4pm, W: 2pm-6pm, Sat: 10am - noon. Check us out at www.phelps.wislib.org or call 715-545-2887.

Phelps Town Board Meeting: 2nd Mon, 7pm.

Phelp's Women's Club Meeting: 3rd Mon, Phelps Fire Barn, 1pm.

Border Bulletin © 2012

General Manager: Sheila Bernier

The Border Bulletin relies on submissions of articles, photos, and other information. Please contact us with your submissions. Our advertisers make this publication possible—we ask that you support our

Next issue: May 17, 2012 Submissions by: May 5, 2012 Call Sharon Gifford for more info 715-545-4008.

Phelps Senior Center Meeting:

4th Mon, 1pm. Call (715) 545-3983 for lunch reservation 24 hours prior to the meeting.

Phelps Lions Club: 3rd Thu, 6pm. Call Dick Martin at 715-891-2296 for location.

Phelps Historical Museum:

Hwy 17 Downtown. Open weekends starting May 4, 10am-2pm. Call Pauline Nystrom for more info 715-545-3012.

Phelps Transfer Station: Sat, 9am-12pm.

Phelps Post Office Window:

Mon-Fri, 8:30am-12:45 & 2-4pm; Sat 9-11am.

WATERSMEET • • •

1st Annual Ken Dawg Memorial Texas Hold Em Tournament: LVD Casino, May 26, 12pm.

Watersmeet Township Board of Education Meeting: 3rd Mon, 6:30pm, unless otherwise noted.

Northwoods Quilters: Watersmeet Bible Church, Tue, 10am-9pm.

Invasive Species Control Coalition of Watersmeet (ISCCW):

Ranger District Headquarters in Watersmeet, 3rd Tues, 9am.

Alcoholics Anonymous Meetings:

Spiritual Center on Transfer Station Road, Tues@7pm Open Topic; Fri@2pm Closed Step; Sat@7pm Open Grapevine.

Watersmeet Dump: Mon, Tues, Thu, Fri, Sat - 8am-4pm.

Watersmeet Post Office Window: Mon-Fri, 9:30am-12:30pm &

1:30-4pm; Sat 9:15-10:45am.

BEYOND THE BORDER • • •

EAGLE RIVER • • • Northwoods Idol:

Eagle Waters Resort, Wed. starting May 2, 7-9pm.

Journey's Marathon: May 12, 8-10am starting times.

WRAP-Wis.Regional Art Program: Olsen Mem. Library, May 12-31.

The Vietnam Traveling Memorial Wall: ER Derby Track, Jun 29-Jul 5.

Life Talks: Olsen Memorial Library-ER, 2nd Tues, 12-1pm. Hosted by Dr. Kate Hospice.

Vilas Cty Master Gardener's Mtg: Prince of Peace Church, 2nd

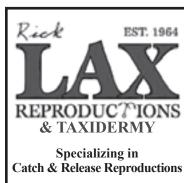
Thurs, 7pm. Public invited & has a speaker.

RHINELANDER • •

ADVANCED HEALTH PROGRAMS: Thermography Question and Answer Session: May 10, 6-7pm, Dr. Jerod Bergman and Dr. Ida Allen. Webinar-Nutrition for Smarties: May 12, 1-2pm, Ashley Stelter. Question & Answer Session: May 16, 1-2pm. Ashley Stelter. Webinar-Nutrition for Smarties: May 22, 1-2pm, Ashley Stelter. I**nfo:** Natural Health Improvement Center in Rhinelander, 715-362-2300,

advancedhealth@charter.net

www.advancedhealthnhic.com





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From the Stacks of the Land O' Lakes Library

Bridge Classes will be held at the Land O' Lakes Library, Thursdays, May 10, 17, 24 and 31, from 1:00 -3:00pm. Have you played before and just need a refresher? Do you play regularly and want to "sharpen" your game? Discuss the conventions you want to learn. Review the conventions your opponents play against you. Learn to pick and choose those conventions that are best for you. Pick a few new techniques that may get you that extra trick you need. Bidding: that foreign language I only think I understand. No Trump bidding: don't be nervous. Come Join us. No reservations needed. Call the LOL Library for more information 715-547-6006. Classes will be given by Ed Casey, Bronze Life Master, ACBL Accredited Bridge Teacher and Bridge Club Director. There is no cost for this class.

Movie Afternoon is May 11th starting at 1:00 p.m. We are showing: Iron Lady. An elderly Margaret Thatcher talks to the imagined presence of her recently deceased husband as she struggles to come to terms with his death while scenes from her past life, from girlhood to British prime minister, intervene.

Computer Classes will be held at the Land O' Lakes Library every Thursday at 1:00pm. All skill levels welcome. Class topics will depend on the interests of attendees. No prior attendance is required.

Albino Deer at NPHS

Another addition has been completed for the Northland Pines Wildlife display case located in the lobby of the high school. An Albino Deer, recovered by DNR Warden Tim Price, is the newest mount to be donated to the exhibit. The Albino Buck was found near Manitowish Waters and was determined to be killed by another buck during a late rut fight in the fall of 2010. It will join the educational display which now consists of a wolf, fawn, skunk, owl, otter, beaver, bobcat, duck, pine marten, and six fish. Ron Lax placed the albino deer in its new location on March 20, 2012. This educational wildlife display is made possible with the time and talent of many volunteers.

Stephanie Daniel, a 2008 NPHS graduate and a recent graduate of the Art Institute in Schaum-

berg, IL, painted the background for the case. Rick Lax donated his time in designing the display and also creating all the fish. Ron Lax, Rick's father, donated his time in mounting this Albino Deer and most of the other animals. The animals are donated from members of the community or recovered from the DNR. We are currently in search of funding to have two bear cubs, that were recovered by the DNR, added to the display.

The goal is to obtain more animal mounts and song birds. We continue to look for unique smaller mounts for the case and are also seeking any donations of larger animals. Even with the generosity of the above individuals, there are still costs that need to be covered to make these exhibits possible. The Northland Pines School District not only makes requests for animals for the exhibit but also seeks any kind of monetary donations. The district has set up an account to allow for improvements to the display and creation of any additional displays. If you would like to make a donation or have further questions, contact: Mike Richie, District Administrator at 715-479-6487 option 1, ext. 1; Rick Lax, Lax Taxidermy at 715-547-3710; Ron Lax at 715-479-1877; or Tim Price, Conservation Warden at 715-892-0054.





& you'll be glad Tomorrow.

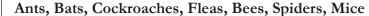
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ON STAFF

Zoning Rep in LOL

Beginning Monday, May 7th, at 9:00 a.m., Land O' Lakes will once again have a representative from the Vilas County Zoning Department the 1st and 3rd Mondays of each month. Sue will be available from 8:00 a.m. to 10:30 a.m. upstairs in the town hall to answer your questions and issue county permits.







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Land O' Lakes Fish & Game Club Meetings...

Club meetings are held on the second Tuesday of each month (May thru October), at 7:00 p.m. in the Fellowship Hall at Ely Memorial Church in Land O' Lakes. Light refreshments are available beginning at 6:30 p.m. The meetings feature a guest speaker, followed by a short business meeting. The public is invited and there is no charge. A list of upcoming programs follows:

May 8th "Outdoor and Wilderness Safety"

Physicians from Aspirus Grand View Hospital will give us some tips on outdoor and wilderness safety.

Jun. 12th "Nesting Birds"

Dave Franzen will speak on nesting birds -- their pictures and habitat. He has photographed 92 - 94 species in his own back yard, and has photographed a songbird expelling a pellet. This is the only such photograph in the world. He also has a photograph of a female bunting believed to be the only one documented in the state. So his program is sure to be an exciting one with beautiful photographs of local nesting birds.

Jul. 10th "Art of Photography"

Dave Franzen returns to speak on the Art of Photography for the amateur enthusiast. Evidenced by the participation in the F&G Photo Contest held every February, there is a lot of interest in this topic locally. And also evidenced by the variety of pictures submitted for this contest, we have an abundance of photo opportunities in this beautiful area we call home.

Aug. 14th "Ice Cream Social/Tour of Gateway Inn"

The annual Fish & Game Club Ice Cream Social will be held at the Gateway Inn beginning at 6:00 p.m. We will begin with ice cream treats in the conference room off the main lobby. When we have finished our ice cream we will be given a tour of the Inn and learn of the many secrets of the historic building. Who knows, maybe we'll receive a visit from one of the local ghosts! All are welcome.

Sept. 11th "Wolves of Wisconsin"

The program will feature Licia Johnson, Naturalist/Educator from North Lakeland Discovery Center in Manitowish Waters, speaking on "Wolves of Wisconsin".

Oct. 9th "Wild" Sex

Bart Kotarba, Director of Education from the Northwoods Wildlife Center in Minocqua, will present a program called "Wild" Sex. The Center's mission is to educate the public and rehabilitate wild animals at their fully operational wildlife hospital.

Land O' Lakes Planning & Beautification Committee

While it may seem that this year Spring arrived in March, and Winter returned in April, the Land O' Lakes Planning and Beautification Committee is moving full speed ahead to organize seasonal plantings and improvements on Land O' Lakes town-owned properties. The Committee is thankful for the help of a long list of volunteers.

The Committee held its regular monthly meeting Wednesday, April 18, at 8:30 a.m. at the Land O' Lakes Town Hall.

Volunteers this year include Bob and Sarah Beedie, Land O' Lakes Library and Leo Lang Town gardens; Randy Ruth, Land O' Lakes airport; Linda Brouillard, Oak Hill Cemetery entrance; Mary Ellen Otterpohl and Linda Brouillard, Land O' Lakes Fire Barn; the Land O' Lakes Girl Scouts, perennial garden at the Land O' Lakes Kiddie Park; Sandy Wait, Land O' Lakes Chamber of Commerce and Hwy 45 monument; Jeannie Sitzberger and the P&B Committee members, Land O' Lakes Town Hall grounds. P&B Committee members currently include Barbara Nehring, Lois Bates, Fred Lippert, Joe Beers, and Jack Mozenter.

The P&B Committee is still seeking two additional members. The committee is responsible for developing and maintaining beautification projects for town-owned properties as well as encouraging privately initiated beautification projects in the Land O' Lakes area. Meetings are held once a month at the town hall, and persons interested in serving on the committee are asked to call either the Town Clerk at (715)547-3255 or Barbara Nehring at (715) 547-3333.

The Committee thanked Steve Bates for building and installing a new planter at the West Town Hall sign, and noted that plantings on the North and West sides of the Town Hall, including some sprightly perennial daffodils are doing well. The Committee is currently working on

continued on page 9 >>





Lac Vieux Desert Fundraiser

The Lac Vieux Desert Lake Association will be hosting an ALL U CAN EAT Breakfast Fundraiser at Sunrise Lodge on Saturday, May 5 from 7:30AM to 11:00 PM. Come on out to celebrate the beginning of another season and see your friends and neighbors. The LVD Association will use all money raised to improve water quality, monitor invasive species, and improve the fishery. In 2011 the LVD Association stocked 10,000 7-10 inch walleyes which is in addition to the Wisconsin DNR's fish stocking program.

LVD Lake Association's Rob Anderson says, "I am looking forward to another great season and am excited about everything we have been able to accomplish so far and for all we have planned for the future. Lac Vieux Desert is a premier lake and a premier fishery and I think things are only getting better and better." In addition to the breakfast there will be raffles and environmental education. Cost is \$10.00 for adults and \$5.00 for kids. For more information call Phil Mendham at 715 547 3684.

Journeys Marathon Needs YOU!

FRIDAY, MAY 11

We are looking for: 6 – 8 volunteers who can help with set up in Riverview Park at 8:00am until Noon.

SATURDAY, MAY 12

We are looking for: 6-8 volunteers who could help with park set up at 7am until about 11am. 2-3 people to help bring things back from the High School to the Chamber at 7:30am. 2 people to help with Event Information /T-shirt Sales from 10am-3pm in Riverview Park. 6-8 people to help at the Finish Line: award runners with medals, give them a blanket, take their timing chip from 9:30am – 1:00pm in Riverview Park. 6-8 people to help at the Finish Line: award runners with medals, give them a blanket, take their timing chip from 12:30pm-4:00pm in Riverview Park. 6-8 people to help with Event Clean up from 2:00pm to 5:00pm in Riverview Park

If you are interested in volunteering, meeting new people and having a great time working at Journeys Marathon, call Kim Emerson – Events Coordinator at the Eagle River Area Chamber of Commerce and Visitors Center at 715-479-6400 or (800) 359-6315 or email her atkim@eagleriver.org and she will get you signed up to help. It's the Volunteers who really make Journeys Marathon a great time for everyone.







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NATURE NOTES • Being a Birder by Peter Dring



Peter Dring is a naturalist, photographer, and was Director of the world renowned Little Red Schoolhouse Nature Center for nearly four decades.

I'm a reserved person. I take pride in my ability to face disappointments stoically. But when I opened the third straight birthday card displaying an insipid cartoon canary and the announcement: "A little bird told me it's your birthday," I put my head in my hands and wept.

It's not that I mind getting older. Heck, I've been doing that all my life. What vexes me is the unmindful cruelty of nonbirders. Ever since it became known that I'm a bird watcher, nonbirding friends and relatives have been demonstrating their support by showering me with bird-related junk. "Why another bird card?" I said to my open hands. "Why not a card depicting some incontinent old drooler welcoming me to the 70s or some scantily clad vision promising earthly delights beyond the reach of my years. " I'm normal, I



Your hosts,

Craig & Amy Kusick

wanted to scream. I pay taxes. . . cut the lawn. . . cheat on my diet, just like normal people. Why don't I ever get anything but bird stuff?

What is it about bird watching that makes mothers think that the ugliest lamp in the history of porcelain will make a splendid gift, so long as the lampshade boasts an impossible assortment of tanagers, chickadees, and warblers standing in the snow? What is it about our avocation that turns tasteful, decor-sensitive people into the gift-buying equivalent of roller derby fans?

In anticipation of my upcoming birthday, I inventoried our living room and took stock of my unwanted stock to make room for a new wave of kiln-fired kiwi toothpick holders, bluebird of happiness paper weights, music boxes that play "Yellow Bird," and coaster sets emblazoned with all of the birds that John J. Audubon managed to bend into a figure eight.

Standing upon my deerskin thunderbird rug, I cast my eye over an accumulation of wealth whose most prominent treasures included a throw, crocheted by my sainted grandmother, depicting a bird-draped St. Francis of Assisi, a beer stein shaped into the likeness of a kori bustard, a turkey cleverly constructed out of porcelain vegetables, and a woodstove humidifier that looks like a muscovy (a kind of duck) and warbles like a canary.

Bear in mind that these are the keepers. The stuff we've relegated to the attic would make even the most tasteless Victorian pack rat long for the release of curbside pickup.

Of course, not all the bird-related stuff I get is useless or tasteless. But what's a person supposed to do with four copies of "Gone Birding"? (I don't even own a VCR.) Last Christmas (via my brother's secretary) I even received a collection of my own most recent articles.

"Merry Christmas to my birding brother," the inscription read. "I saved these during the year and thought of you." I know I'm not the only birder singled out for persecution. I have a naturalist writer friend named Chuck whose friends also convey their affections with an avalanche of avian knickknacks. After the holidays we compare notes - a sort of birding bric-a-brac big day competition.

"So how many goldfinch/paint-

ed bunting/cardinal dish towels did you get this year?" "Four."

"Beat you there. I got five. How about salt and pepper shakers with bluebirds feeding nestlings on them?" "Two." "Oooh, tied score. What about lacquered pieces of driftwood boasting handpainted kinglets?" "If you let me count the gold-crest along with the ruby-crowned and goldencrowned kinglet, three."

I used to think the books that ended up in bargain basement bins were publishing blunders, books whose sales simply couldn't realize an optimistic overprinting, but no longer. Now I believe that all those half-price coffee table bird books are printed specifically to get people who know nothing about birds to buy them for friends who do. And now I've got an attic full of them.

"Oh why?" I pleaded to my hands, "can't I just once receive a normal present . . . a juicer. . . a bread maker. . . whatever happens to be in vogue this season? Why am I condemned to bear the brunt of so much misbegotten kindness?" A single envelope remained on the table, one addressed in colored crayon, bearing the brand of a favorite niece. Bravely I opened the flap, withdrew a homemade birthday card, and stared at the lovingly drawn illustration. An

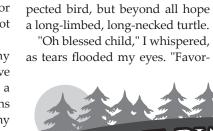


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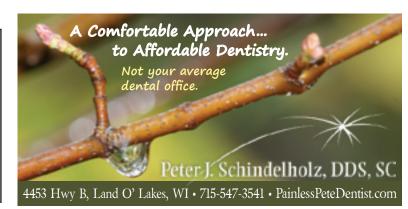
outline of a child's hand. An illus-

tration that resembled not the ex-

ite of my heart. You can count on a big fat check from Uncle Pete this year." Only then did I realize that "Happy Birthday" was written upside down. When righted, what had been a long-limbed turtle became just another turkey.











HEALTH & WELLNESS • The 7 Deadly Sins by Dr. Ida Allen Bergman, DC



I recently came across an article talking about how the following foods can be detrimental to your health. I wanted to

pass this information on! Please let your friends and family know as well, it is very important...so if you don't want the guilt of knowing, stop reading here!

- 1. Microwave Popcorn. The issue here is due to the chemicals in the lining of the bag. Perfluoroctanoic Acid (PFOA) are in a class of toxins that are known to be linked to infertility, and cause liver, testicular, and pancreatic cancer (according to a recent study from UCLA). When microwaved, these chemicals vaporize themselves right into your popcorn. Once you eat it, it accumulates in your body and basically gets stuck there until a proper detoxification program is done. So get some pop 'rice' (so much healthier than corn for reasons I won't get into here) at your local health food store and pop it the old fashioned way.
- 2. Corn-Fed Beef. I remember my mom telling me when she was growing up that all the 'cool' farmers fed their beef corn, it was the new greatest thing. Well, we now know that cows were meant to eat grass. But corn (and soybeans) fatten up those cows faster than ever. That means more money for farmers and lower prices for consumers. Sounds like a win-win at first. Too bad that it also means less nutrition, and more chronic disease. The USDA reported a recent study showing that when compared with corn-fed beef, grass-fed beef is higher in beta carotene, vitamin E, omega-3s, conjugated linoleum

acid, calcium, magnesium, and potassium; lower in inflammatory omega-6's; and lower in bad fats. The solution here is to buy local grass-fed beef. There are plenty of farms around that will sell you a whole cow for a great price. Then you can share the cow with other family members as well. So you end up saving money and being healthy at the same time-now that's a TRUE win-win!

- 3. Canned tomatoes. Remember that the linings of tin cans contain bishphenol-A. This is a synthetic estrogen linked to everything from heart disease, to diabetes, obesity, reproductive problems, and more. The big issue with tomatoes is that because they are so acidic, the BPA leaches easier into them than other foods. According to endocrinologist Fredrick Vom Saal of the University of Missouri, you can get 50 mcg of BPA per liter out of a tomato can, which is a level that can cause chromosomal damage and suppress sperm production. Instead, choose tomatoes in glass bottles, tetra pak boxes, can your own (in glass), or find the BPA free lined cans.
- 4. Non-organic potatoes. Hello people, potatoes are root veggies. They absorb everything. includes all the herbicides, pesticides, fungicides and other junk that ends up in non-organically farmed soil. Plus, potatoes are treated with fungicides during growing season, then sprayed with herbicides to kill off the vines before harvest, and then after harvest they're hit again with yet another chemical to prevent sprouting! Yikes. Try this: set out an organic potato and a non-organic. Naturally the potato should sprout. The organic one will and the conventional one won't. And get this, Jeff Moyer, the chair of the Nation-

al Organic Standards Board, has spoken with potato growers who say point blank that they would never eat the potatoes they sell! They actually have a separate plot for their own potatoes. Craziness. There is no real way to scrub the chemicals off. Its just not going to happen since they're already absorbed. If you want potatoes, buy organic.

- 5. Conventional Apples. Guess who won the prize for 'the most doused in pesticides'?! You got it. Apples. The reason is that they take these apples from a single tree and keep reproducing to ensure the exact same taste and texture. That means the apples don't have a chance to create any resistance to pests. Which means frequent spraying. Mark Kastel of the Cornucopia Institute showed these specific farmers to have higher rates of many types of cancers as well, and the new studies are linking this higher pesticide burden to Parkinson's disease. So my opinion is, buy organic. Don't peel it, the junk is already soaked in.
- 6. Hormone treated milk. Rick North (former CEO of the American Cancer Society of Oregon) explains that cows are treated with rBGH or rBST to boost milk production. But now these levels are being found in the people consuming the milk along with an increased incidence of breast, prostate, and colon cancers. Initially (when the government had approved these hormones), it was thought that our digestive tracts could break it down. Turns out a certain portion of the milk protects this break down. Most industrialized countries have banned this milk. My solution would be to check the labels, there are several brands out there without the hormones, but for many other rea-

sons, I would avoid milk from any cow for now. Try some unsweetened almond, rice, or coconut milk instead (no, not soy).

7. Farm Raised Salmon. Its another no-brainer people. Do you really think fish should be crammed into pens and fed soy, chicken poop, and hydrolyzed feathers? Something about that just doesn't sound quite right. Farmed salmon has low vitamin D, and high contaminants (carcinogens, PCBs, flame retardants, antibiotics, pesticides, etc.). According to Dr. David Carpenter who published his study in the journal *Science*, if you eat more than 1 dinner of this salmon in a

5 month period, your chances of getting cancer will increase. Make sure you check your packages or meat counter for WILD caught (don't be fooled by 'fresh Atlantic'). And if you find yourself skipping deep sea fish because the wild is not available, make sure you are supplementing with a QUALITY omega 3 supplement.

Sorry if this was a downer article, but it's information that's important to me so I want to be sure you have it as well! The key is to eat as close as possible to the way nature intended.

For additional information on true health and vitality, visit us at www.EducatingWellness.com!









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IN 'DA WOODS • National Volunteer Week by Melanie B. Fullman, USFS



Melanie Fullman works for the U.S. Forest Service, Ottawa National Forest, Bessemer, MI; and has also been stationed in Alaska, Idaho, and Washington State.

In the western UP, you don't have to look too far to find a volunteer – a Scout leader, a coach, a township fire fighter, a Sunday school teacher, an orphaned pet walker, etc. No matter what each one does or the amount of time they give, most of you couldn't imagine our world without them.

Like many National Forests in an era of 'less government', the Ottawa now relies on volunteers to provide some of the goods and services the public expects. If you hike, ski, ATV, or snowmobile on a trail, drive down a Forest road, think about wildlife, appreciate a picnic, or have an interest in history, you have probably been a beneficiary of a volunteer's generous donation of their time and talent.

Last week was National Volunteer Week but I'm sure the volunteers in your life won't mind a hug and 'thanks' any time of the year. Words in an article are hardly enough so I hope the following know how much we appreciate all that they do for the Ottawa National Forest, our critters, and our visitors...

Friends of Bergland and Bergland-Matchwood Historical Society: maintain and operate the former Bergland Ranger Station as a heritage center and museum. Recently received the US Forest Service 2011 Volunteer Group Award for the Eastern Region (18 states) for their unending dedication and devotion, including more than 2,700 hours last year alone. Congratulations, and thank you!

Paul Johnson, of Bessemer: spends 1 day a week helping the Bessemer District complete projects that would probably not get done otherwise! Recent accomplishments include assembling more than 20 new tables for the Black River Harbor picnic area and building (from scratch) 9 wood duck boxes – creature comforts for both humans and ducks!

Ken Jeffries, of Wakefield: maintains those Forest Service portal signs on US 2 and M-28 just outside Wakefield – keeps them painted and the grass around them cut. Thanks to Ken, our visitors have a positive first impression of the Ottawa.

North Country Trail Volunteers, led by Ni-Miikanaake Chapter (Bergland to WI border) President Dick Swanson and Peter Wolfe; Chapter (Marquette to Bergland) **President Doug Welker:** maintains 200 miles of the trail across the western UP. Builds bridges and boardwalks over boot-sucking mud so that other users can keep their feet dry; whacks grass and shrubs so the trail is easier to find; cuts their way through snarls of blown-down trees to make the path a 'walk in the park'. Endure ticks and hordes of biting flies and mosquitoes. There would probably be no NCT maintenance without them.

Wood Turtlers: hitting the beaches to capture (and release) turtles is harder than you think! About 8 stalwart volunteers, especially Al and Nancy Warren, spend 2-3 weeks each spring checking critical wood turtle nesting beaches at least once a day. They fight their way through thickets and pesky insects to find, mark, and tally wood turtles. This study is one of the most thorough records of reptiles in the western UP. On behalf of the turtles, spoken slowly please, T H A N K S.

Land O'Lakes Fish and Game Club: maintains and grooms the 8 mile Land O' Lakes Cross Country Ski Trail system (not actually in Land O'Lakes, but on the Ottawa Forest near Moon Lake), created a trail map and makes sure maps are available at the trailhead, maintains trail signage. In 2011, they opened an additional section of trail. Every spring, before tourist season begins, they also visit every Sylvania Wilderness campsite to conduct a condition survey and perform maintenance. Great job gang!

Snowmobile Trail Groomers: most of the Ottawa's extensive snowmobile trail network is maintained and groomed by volunteer members of several local clubs. Working in the freezing cold of winter and again during the buggy days of summer, they devote hundreds of hours to providing one of this area's premier attractions. They are the rock on which our economic foundation is built.

Breeding Bird Census: a flock of volunteers have spent the first weekend in June finding birds, for 21 years! The result is a lot of interesting data about our most common birds. We could not do this without these dedicated citizen scientists.

Loon Rangers: watch, record, and sometimes protect the loons on their lake(s). Help educate oth-

ers about these North Woods icons that are highly sensitive to human encroachment on their nesting sites and young.

Friends of Sylvania: spends countless hours on trail maintenance and the fight against invasives throughout Sylvania Wilderness. Also created a demonstration garden of native plants. Thank you dear friends!

Dan Wallace Family of Madison, WI area: Makes several trips to Sylvania Wilderness each year, helping keep 35 miles

of trails and portage trails open and clear of downed trees...using only primitive tools, such as crosscut saws. Amazing!

Gogebic Conservation District: Gogebic Conservation District is a frequent partner on a variety of natural resource projects. Ron Zaleski, in particular, has recruited and led many volunteers for projects to removed invasive plants, such as garlic mustard and glossy buckthorn, on both Ottawa Forest and private lands.

Randy Boyle, of Marenisco: battles invasive plants along the Presque Isle River in the Marenisco area. We provide the herbicide, he provides the labor, non-native honeysuckle provides the target. Thanks Randy.

Ruffed Grouse Society: helps keep hunting trails and roads open along the Twin Pups road, Bluebill Creek Hunter Walking Trail, and Matchwood Tower roads/trails. Local members of the Superior Chapter certainly live up to their name!

Kerry Gagnon, of Marenisco: cleans boat launch restrooms and other recreational areas in the Bessemer District. Not a particularly glorified job but a 'necessity'. Thanks Kerry.

Mi-TRALE: this 'motorized' trail group helps maintain Courtney Horse trails and the Pioneer Multi-Purpose Trail. Kudos as well to Cathy Wainio of Ewen, without whom the Courtney trails would be just a distant dream.

Pastor Neider and others, of Ontonagon: braves snowstorms and sub-zero temperatures while grooming cross country ski trails in the Bergland area for over 20 years! Has recruited many other



volunteers from the community to assist in additional trail grooming ventures on the Ottawa. Please accept our warmest thanks.

Covenant Point Bible Camp: maintains and grooms 9 miles of Ge-Che Cross Country Ski Trail on the Iron River Ranger District. Bless you!

St. Norbert College, DePere, WI: make a trip to Sylvania each fall to help with projects such as site rehabilitation, and trail and campground maintenance. These guys have certainly earned an A+!

Hagerman Lake Association: keeps the boat landing outhouse clean, mows the picnic area, and volunteers on other maintenance projects around the lake every summer. What great neighbors!

Sherry Zoars, of Watersmeet: For over 10 years, Sherry had led the Northwoods Native Plant Society and organized public field trips on the Ottawa National Forest. Sharing her love of this place makes it, and her, special.

Cameron and Mary Carol Coleman, of Ewen: for many years, this adventuresome couple has donated hundreds of hours, providing visitor information to the public, conducting routine patrols throughout Sylvania, and performing 'routine' trail and campground maintenance. They also visit remote areas of the wilderness to check on invasive species and eradicate those they find. Thanks to the steadfast efforts of the Colemans and others, we are able to meet Forest Service wilderness management standards in Sylvania.

Watersmeet Lake Guards: have led the fight against aquatic invasive species in Watersmeet Town-

ship. Every year, their dedicated members organize lake surveys, staff 2 trailered boat washers for Clean Boats Clean Waters Education, and fundraise to help treat infestations of harmful species like Eurasian water milfoil. Thousands of lake acres are healthier and better protected from invasion thanks to them

I'm sure I've missed some folks, for which I apologize. More importantly is that they each know what a meaningful contribution they are making to their community. Of course, there are always additional opportunities so if you are interested in volunteering in any capacity, please feel free to contact me or your nearest Forest Service office. Together, we will Care for Your Land.



From the PASTOR'S WINDOW by Pastor Skip Pullen



Skip Pullen is a pastor with Village Missions, serving two churches in the Upper Penisula of Michigan—the Watersmeet and Bruce Crossing Bible Churches.

There's a story of a man, in the days of the Old West, who was hiring drivers to run freight up a steep and winding mountain trail. In interviewing several men for the job, he spoke of the winding track and the deadly drops, desiring to know if the drivers felt they could make the run. The first driver confidently boasted that





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he could run the team to within a foot of the edge with no problems. The second driver not to be out done, proudly proclaimed he could get the team within 6 inches of the precarious drop. When the third applicant was asked about this, he told the owner that his cargo was too precious and he'd stay as far from the edge as he could. Of course, the third driver was hired.



As a pastor, I've had people ask me on occasion how far they can go in various areas or how close can they live to the line without incurring God's wrath. I've never had a person ask me if it would be okay to stay back from the line, live to please the Lord, or live a more godly life by being a bit more loving, unselfish, and going to church more often. Strange isn't it how even believers seem to be drawn to sin, like moths to a flame.

Have we missed the truth that God hasn't only called us to salvation, but also to sanctified living? In 2 Peter 3:9, it says, "The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that

any should perish but that all should come to repentance." Peter is telling us of God's longsuffering nature and God's desire that we don't perish in our sins and spend eternity separated from Him and heaven. God desires us to repent. It is good to understand that God not only expects us to admit our sin, but that we choose to turn from it.

Sin has dire consequences in this life and in the life to come. Sin is serious. If it wasn't, Christ would not have had to die for our sins. It's easy to slip over the edge or cross the line when we play so close to it. There is an old saying that goes, "If you don't want to do business with the devil, stay out of his shop." Why not choose to stay back from the edge. Doing things God's way is always the best. Think about it. If you love your spouse, you won't have to worry about divorce or sexually transmitted diseases. If you tell the truth, you won't have to worry about people discovering your falsehood. The list goes on. I think you get the idea. Why not choose to stay back from the edge? Choose to live godly lives along with all those who call upon the Lord Jesus Christ with a sincere faith. You'll be glad you did.

Know I'm praying for you.



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P&B Committee continued from page 5 >>

plans to augment the North Town Hall sign situated on the Highway B side of the Town Hall. Anyone with suggestions for enhancing the sign can contact the Town Clerk or Nehring.

The town lake banners, as well as hand-hewn benches and bike racks made by Al Johnson, local woodworking artist, will soon be put in place by the Land O' Lakes Town Crew headed by Connie Sparks. The benches, bike racks, and banners were purchased through a special fund set up by a Land O' Lakes Development Committee fundraiser several years ago. The fund is administered through the Town by the P&B committee.

The banners are repaired as necessary, and replaced individually when beyond repair. However, the fund is now running low and will eventually be depleted. Therefore, the Committee will be sending a letter asking each lake association, or representatives from lakes which do not have official associations, to consider donating to the banner fund this year so that when their banner needs to be replaced, the funds will be available. At the present time, a new banner costs \$150. Two banners were replaced this year and approximately eight repaired.

"The Committee is deeply indebted to Karen Koskelin of the Tackle Box, who has voluntarily repaired the banners for many years," noted Nehring. "We are truly a land of lakes, and the beautiful lake banners emphatically celebrate our identity," she said.

The Committee also urges new and established property owners to obtain copies of the P&B Committee's Goals and Objectives document which is available through the Land O' Lakes Town Clerk's office. "Northwoods Natural" is the general theme encouraged for town beautification projects-including split rail fencing, natural color schemes, and floral enhancement.

Included in the original plans for the Land O' Lakes downtown area, was the planting of flowering crab trees as streetscaping. The trees planted included mainly white, non-fruit-setting flowering crabs called "Spring Snow Flowering Crab". This species was chosen to mimic the beautiful white spring flowering trees in the surrounding woods. These trees were also selected for their hardiness, resistance to disease, limited height growth (to not interfere with overhead power lines) and profuse flowering without setting fruit which would add litter to sidewalk areas. The committee is encouraging persons or businesses interested in adding to the downtown street-scaping to contact local Land O' Lakes area landscapers and floral businesses which will have appropriate tree species available.

The Committee is also encouraging the maintenance and care of the large white and red pine trees that form a backdrop for the downtown area. More information on care and protection of white pines, in particular, is available through a DVD donated to the Land O' Lakes Planning and Beautification Committee by the Minnesota White Pine project.





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PALATE PLEASERS • Grains-Just for the Health of It by Kris & Mark Gostisha



Kris and Mark Gostisha, of the Forest Lake Country Store, share their passion for the gourmet and the unique.

When you think of grains you may immediately think of wheat and oats some of the more common grains. (I usually think of Hops and Barley, but that is my own predilection) There are many different grains, beans and pastas that offer a lot of diversity in your diet and provide health benefits. Many times you can find gluten free options. Here are just a few:

Teff. This is a very obscure product and possibly one of the most unique. First of all you will notice the tiny size. In fact it is recognized as the smallest seed in the world! Teff is the seed of an annual grass making it very difficult to harvest. Teff is not only gluten free; it is very high in calcium, and high in iron, protein, and fiber. Teff has a molasses like flavor with nutty overtones. Plan to soak and sauté it prior to use. You can eat it almost like oatmeal for a breakfast dish, or replace Teff for sesame seeds with any recipe.

Red Quinoa. Pronounced Keen-Wa, this grain is believed to be used extensively by the Incas down in the Andes Mountains. The grain seeds are small, oval shaped and flat. While technically it is a grain product, it is a protein replacement offering all 8 essential amino acids. Quinoa is high in vitamins B and E, Iron,



Zinc, calcium and potassium. The flavor is mild with a nutty finish. When cooked the outer germ circlet falls from the seed, forming a little white spiral tail, which is attached to the kernel. This circlet remains crunchy while the grain is soft, delicate and pearly translucent. Quinoa is a great replacement for anywhere that you use Cous Cous

Golden Flax Seed. The seeds of the Flax plant have been a source of food and medicine since ancient times. Used as provisions in Asia and Europe since at least 6000BC, the plant's seeds were commonly used to prepare balms and healing remedies for people. Today they are valued for their health benefits as well, treating a range of ailments from heart disease to lupus. The seeds from the Flax plant are flat and oval. Golden Flax Seed are pointed at one end and are yellowish gold

in color. With a slightly nutty flavor, Flax Seeds are more than one third oil and are rich in essential fatty acids, fiber, and Omega-3 fatty acids. Golden Flax Seed is reported to have higher levels of the Omega-3 fatty acids than Brown Flax Seed. Recent scientific reports point out that flaxseed can have a positive influence on everything from cholesterol levels to constipation to cancer and heart disease when eaten as a nutritious part of your diet.

If you are looking for a unique side dish, or a healthy alternative to egg noodles or white rice, consider trying one of the healthy grains.

Bon Appétit



QUINOA SALAD

- 2 cups chicken or vegetable broth
- 1 cup red quinoa
- 1 tablespoon olive oil
- 2 boneless, skinless chicken breast halves, about ½ pound, cut into chunks
- 1 teaspoon ground cumin
- 1 small cucumber, seeded and diced
- 1 small red pepper, seeded and cut into thin strips
- 2 large scallions, sliced
- ¼ cup golden raisins
- 1 tablespoon chopped parsley
- Green leaf lettuce

Rinse quinoa well under running water. In 2 quart saucepan over high heat, heat chicken broth and quinoa to boiling. Cover and simmer 15 minutes, or until quinoa is tender and broth is absorbed. Meanwhile, heat olive oil in 10inch skillet over mediumhigh heat. Add chicken chunks, cook until well browned on all sides. Stir in cumin; cook 1 minute. Toss cooked guinoa with chicken mixture, cucumber, red pepper, scallions, raisins and parsley; mix well. Serve warm on lettuce leaves, or refrigerate to serve cool later.

Recipe and image compliments of Rice River Farms

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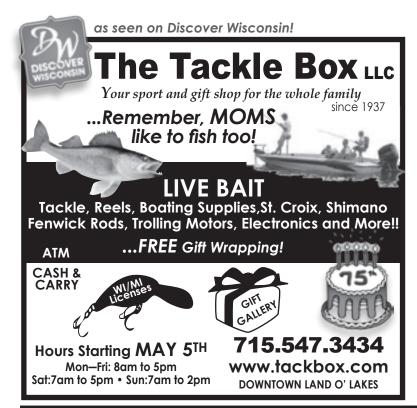
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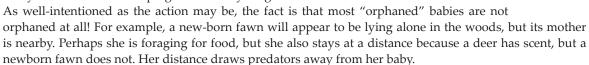


Northwoods Wildlife Center - The Season for Babies!

Spring is in the air! Or, at least it WAS! Regardless of what the temperature seems to indicate, spring is here and with it, follows the arrival of animal babies.

There's nothing quite like the feeling of awe and wonder that happens around babies of ANY species! It is human nature to be captivated by and drawn to new life, and that human nature is exactly what keeps the Northwoods Wildlife Center intensely busy in the spring of each year.

The Center fields calls almost daily in the springtime about "orphaned" wildlife. People are kind and caring, and the sight of a helpless newborn sends many into action mode hoping to save the young life.





So how do you know if a baby animal needs your help? Call the Northwoods Wildlife Center at 715-356-7400. A licensed rehabilitator will help you determine the right course of action for the situation. "Unless the infant is hurt or we know the adult is dead, we will do whatever we can to reunite the infant with its mother. There is no perfect substitute for maternal care," says Mike Zielinski, a licensed rehabilitator at the Center. "We will intervene when necessary, of course, but the most desirable outcome for any infant, is to be with its mother."

Sometimes it is not possible to reunite the infant and parent. This little brother/sister pair of Eastern Gray squirrels (pictured above and to the left) were tucked safely and securely

one moment in their tree nest 40 feet above the ground, and in the next mo-

ment were blown out in a gust of wind. They landed with remnants of their nest, beneath the tree that was their home. In this instance, after a fall of that height, human intervention was warranted. The male sustained numerous small cuts and abrasions and one large wound to his chest area which received 5 stitches. The female sustained numerous small cuts, as well. In this case, a licensed rehabilitator is the infants best chance for survival.

The Northwoods Wildlife Center offers this advice for the coming spring season: Be observant as you rake and mow your lawns and clean debris from your gardens. Many small animals have their babies in ground nests and can easily be disrupted, injured or killed by these common spring activities. As always, if you have any questions about a wildlife situation you've encountered, call the Northwoods Wildlife Center for help at 715-356-7400.

The Northwoods Wildlife Center is located in Minocqua on Hwy 70 West across from Trigs and next to the Northwoods Animal Hospital. The Center is a not-for profit 501c3 organization.

LOLA Center for the Arts Shaded Still Life Drawing Class

Shaded still life drawing class will be offered on Saturday, May 26 at 1:00 - 3:00 in the LOLA Center for the Arts, 4262 County Road B , Downtown Land O' Lakes. The last in a series of drawing classes taught by artist Shirley Battin.

This class is designed for beginners and experienced drawers alike. The concept stressed in this lesson will be value. Value is how dark or light something is. We will discuss the value scale and how to show the changes in light striking an object. You will do a finished drawing of an all white still life with a light source. You will have a choice of doing your drawing in either pencil or conte crayon.

Supplies needed for this class: Small hand held pencil sharpener. All other supplies will be provided, and some supplies will be available for purchase for home use.

Deadline for payment/registration is May 19. To register: call Wendy at 715-547-3950

All classes must be pre-paid prior to deadline. Adults \$20.00 Kids 12+ \$10.00. No refunds will be given for cancellations after class deadline.





KEEPING YOU POSTED

from Cathy Grady, Land O' Lakes Postmaster

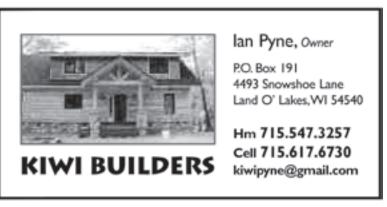
One week from Saturday is the big day for our local Food Pantry. This year the Postal Service will team up again with the National Association of Letter Carriers for the 20th annual "Stamp Out Hunger" food drive. The last few years the Phelps, Conover and Land O Lakes Post Offices have collected a huge amount of food for the Land O Lakes Food Pantry. You can drop your donations off at the Post Offices anytime or leave your donation of non-perishable food items by your mail box for the carriers to pick up on Saturday, May 12th.



Last week the "Civil War: 1862" commemorative stamps were issued. With this 2012 issuance, the Postal Service continues its series commemorating the 150th anniversary of the Civil War. A souvenir sheet of two stamps is being issued each year through 2015. For 2012, one stamp depicts the Battle of New Orleans, the first significant achievement of the U.S. Navy in the war, while the other depicts the Battle of Antietam, which marked the bloodiest day of the war and a major turning point. The sheet contains 12 stamps and sells for \$5.40.

On April 26th, the "Jose Ferrer" stamp was released. The Postal Service honors actor, director, writer, musician, and producer, Jose Ferrer with a stamp in the "Distinguished Americans" series. He won a Tony Award for playing poet Cyrano de Bergerac on Broadway and then won an Oscar for playing the same character in the 1950 film version. He remains one of the few actors to ever win both awards for playing the same character on stage and on film.







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FOR RENT

3 BEDROOM, ON BIG LAKE. Dock. Fireplace. \$900 per month utilities and deposit. Call Gary 815-347-1712.

APARTMENTS FOR RENT: Downtown Land O' Lakes, two beautiful, deluxe apartments, close to everything. No streets to cross to school, large yards, beautiful house and trees. Month-to-month leases. Large basement storage spaces. Shared free washer and dryer. Pets negotiable. Both require first month rent, security deposit, utility reimbursement and strong references. No smoking. **Downstairs:** 2 large bedrooms with lighted closets, huge living room, dining room, large kitchen. \$495 per month.

Upstairs: large bedroom, huge living/sleeping room, enormous cedar closet, kitchenette with light, walk-in pantry. \$350/mo Available now. 715-547-3638.

HOUSE FOR RENT: \$600/month. References. Pets considered. Most appliances. 4 miles from Land O' Lakes with access to Lac Vieux Desert. Available June 1st. Call 715-547-6100.

HELP WANTED

BENT'S CAMP in Land O' Lakes is now hiring Summer Cleaning People for Resort Cabins. Every Saturday Starting June 2nd – End of August. Hours 7am - 2pm. Looking for a reliable person who wants a consistent summer one day a week job to join our team. Call 715-547-3487 for consideration #051712

KITCHEN COOK NEEDED for Bar/Restaurant. Grill Cook Preferred. Full time summer w/ potential year round employment. Phone 715-547-3487 for consideration, #051712

HOUSEKEEPING HELP WANTED: Dependable, experienced, part

time housekeeping help wanted. Saturdays only 8AM to approximately 2PM Mid-May through September. 2 to 3 people. \$15/ hr. Cisco Lake Area. Call 630-715-0621 for more information and appointment to interview.

MARINE TECHNICIAN WANTED. Temp to perm position. Eagle River. Pay depending on experience. Two+ years exp. in outboard motor repair. Email resume to apstaffing@nnex.net.

LOST & FOUND

LOSE OR FIND SOMETHING? Place a free ad in our classifieds to get those items back where they belong.

MISCELLANOUS

CHESAPEAKE PUPPIES for sale. Born April 11, 2012 will be ready for their forever homes June



6, 2012. Big healthy puppies already. They were vet check and dew claws were removed. Will come with AKC papers. Please contact Mike or Amy for additional information and pictures of puppies.#061412

POTTERYS WHEEL & KILN: Thomas Stuart Kickwheel & Paragon Kiln with all the accessories and tools. \$895.00 for everything. Barely Used. Call 715-547-6151.

TWO DRESSERS: Good quaility wood. One long with mirror and one tall. Matching set. \$75 for both. Call 715-547-6151.

WOODEN PIER: 6 sections -3'x8' including 'T' with platform. \$250. 715-547-6169.

REAL ESTATE

MUST SELL. 2 room furnished condo, Gateway Lodge, 1st floor. \$18,000! Call Kristin 715 617-6893 #050312

SERVICES

CUSTOM SEWING: Alterations and clothing repair. Reasonable prices. Please call for other sewing questions. 715-479-8915 #041912.

YES, I CAN REPAIR storm windows and screens, patio and porch screens, thermopanes,

glass cut-to-size. Drop off at NAPA, Land O' Lakes. Also do interior and exterior painting. Call Joe Giese at 715-547-3291#122712

STORAGE

STORAGE UNIT - You lock and keep the key. 10' x 24' concrete, fully insulated. Security gate. One year lease-\$35 per month. 6 month-\$45. Month to Month-\$65. Call 715-479-9232 or 715-477-8888 #051712

WANTED

1 FLOATING DOCK SECTION 8-12 feet long. 715-617-0241 #050312





R.V. PARK

Full Hook-ups

Modern Bath House

Laundry Facilities

Table & Fire Ring

Pull-Thru Sites

Seasonal Rates

Fish Cleaning House

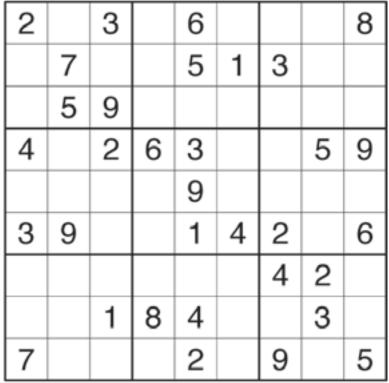
All RV Sites have Picnic

available for Big Rigs

6078 US HWY 45

BORDER SUDOKU

Rules of the game: Fill in the blank squares so that each row, each column, and each 3-by-3 block contain all of the digits 1 thru 9.



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West Side 4496 County Road B 715-547-3746

What's the Buzzzzz???

Come see our collection of Cow Creamers!

opening for THE SUMMER SEASON MAY 21ST

We have added more tables, expanded our kitchen and menu....also a new boutique room with apparel, gifts galore, antiques and uniques!

Serving coffee, tea, smoothies, breakfast, fresh baked bakery items, & afternoon delights

Paily from 7 a.m. until 7 p.m. closed on Sundays

Check our website for specials & events! www.thebuzzonB.com