

LOL Art Impressions

ART IMPRESSIONS, 30th anniversary—Saturday, July 27, at 9 am – 3 pm. Free Admission.

If you want to enjoy a relaxing day under a Northwoods sky surrounded by beautiful art, then you must attend Art Impressions. The park-like setting is beautiful and the art is awesome. White Water and Red Tail Ring will be performing on stage all day. And, plenty of wonderful food will be available in the Snowflake shelter adjacent to the historic old Town Hall building.

This year, Art Impressions is proudly celebrating it's 30th anniversary. What began as a small, local art gathering in 1983, has grown to be a vibrant part of the Northwoods arts scene. Drawing artisans from as far away as Florida and Arizona, Art Impressions is a juried gathering of more than 80 very creative fine artists and fine crafters.

Judges for this years celebration of the arts are Nate Wilson and Daniel Goscha, both from Rhinelander, Wisconsin. Nate is a figurative artist who works in a variety of mediums but specializes in oil painting, graphite and charcoal drawing. He currently teaches fine art at Nicolet Area Technical College in Rhinelander. Daniel is a designer, printmaker, artist and educator. After teaching Graphic Design and Fine Art classes at Nicolet College for the past five years, he recently left Nicolet to establish a fine art paper and book arts center in the Northwoods called "The Mill." Daniel also serves as a member of the board of Arts Wisconsin.

Come join us to celebrate 30 years of Art Impressions. This annual art festival is a "must see" for summer visitors and residents alike. Saturday, July 27, 2013, 9am – 3 pm at the Town Hall grounds on Hwy B in Land O' Lakes. Land O' Lakes Chamber of Commerce and Land O' Lakes Area Artisans, Inc. (LOLA), are proud sponsors of Art Impressions.



Ride With Leinie Aug. 9 & 10

This year's "Ride with Leinie" has been expanded to two days of biking and entertainment, all to benefit the continuing development of the Wilderness Lakes Trail system.

Friday, August 9, two fat tire rides will be offered beginning at Brew's Pub in downtown Land O' Lakes. The 11-mile and 22-mile rides will be along newly built sections of the Agonikak National Recreation Trail. Following the rides, Brew's Pub will host a Welcome Party Corn Roast at 5pm with live entertainment beginning at 8pm. There is no registration fee for the ride and food and beverages will be available for purchase.



Saturday's events will begin with a choice of two bike rides, available to provide riders an option based on their biking experience. A 12-mile ride beginning at 11am, led by Dick Leinenkugel, will be along rustic roads and the 3.2-mile section of the bike trail which was completed in 2012. A 38-mile ride around the Sylvania Wilderness Area will utilize paved roads and the Land O' Lakes bike trail. This ride will begin at 9am. Both of these rides begin and end at the Forest Lake Country Store parking lot.

Following the Saturday rides, Forest Lake Country Store will host a Leinenkugel beer tasting and brat lunch beginning at noon. Alternate beverages and hot dogs will also be available.



Dick Leinenkugel greeting cyclists.

Dick Leinenkugel will be on hand during lunch to discuss his family heritage of beer making in Wisconsin.

Saturday's \$30 registration fee includes Leinenkugel beer tastings, brat lunch and a chance to win a Leinie Old Town canoe. The first 200 registrants will also receive an event t-shirt. Pre-registration is suggested. All of the rides are self-guided and helmets are recommended.

Brew's Pub, Forest Lake Country Store, Leinenkugels, Millers of the Northwoods and Wilderness Lakes Trails have joined together to sponsor this weekend of family fun in the Northwoods.

For additional information or to register for the event, visit www.wildernesslakestrails.org or call 715-547-3770.

Headwaters Dining Guide

Residents and visitors can now view the offerings of area restaurants in a single twenty page publication. Featured restaurants vary greatly in offerings. This guide gives pertinent information on each restaurant. Many include menus, photos, prices and phone numbers. There is also a map which shows the location of each facility.

This free 2013 guide is jointly produced by the Chambers of Commerce in Conover, Land O' Lakes and Phelps. The dining guides are available at most Headwaters area retailers, restaurants, and the three chamber information centers.

Conover Car Show & Craft/Flea Market

The Conover Fire & EMS will be holding its annual Car Show, Craft/Flea market and Swap meet July 28, 2013 from 9:00am to approximately 3:00pm with trophies handed out after 3:00pm or as soon as the ballots are counted.

Registration is \$10.00 to display your car, truck, motorcycle or kit car with goodie bags for the first 70 entries. The cost for the vendors is \$15.00.

Admission is free to the public with a bounce house for the kids, great food and drinks, music, raffles, prizes and some of the finest cars from around the state with all proceeds going to help us purchase new Rescue Jacks used in car accidents and new SCBAs which allow us to breath clean air in a fire.

Help support your area Fire Departments by purchasing shirts and raffle tickets. Get more info by calling 715-477-2036 and leave a message or email us at conovercarshow@yahoo.com



Low Cost Spay/Neuter Clinic - Conover

The Fix Is In's high quality, low cost spay/neuter clinic will be at the Conover Town Hall on Saturday,

August 3. Appointments can be made by leaving a message at 715-550-7729. Fees start at \$40 for cats and \$85 for dogs. Please visit www.thefixisin.org or www.facebook.com/The-FixIsInWI for additional details. The Fix Is In is a 501(c)3 non-profit organization.



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BORDER HAPPENINGS

ANNOUNCEMENTS • • •

Northwoods Art Tour - Summer:
 Jul 26-28, 10am-5pm.

Vilas County Fair: Aug 8-11.

CONOVER • • •

Fire/EMS Auto Show & Craft Market: Town Park, Jul 28, 9am-3pm.

The Fix Is In - low cost spay/neuter Clinic: Town Hall, Aug 3.

Youth Group Faith Unlimited:
 Conover Evangelical Free Church, every Wed, 6:30-8pm.

Conover Transfer Station:
 Fri-Mon 9am-3pm; Wed 6-8pm.
 Closed Tues & Thurs.

Conover Post Office Window:
 Mon-Fri 9am-12:30 & 1:15-4pm;
 Sat 9-11am.

LAND O' LAKES • • •

Airport Days: Jul 27, 8am-4pm.

Art Impressions: Jul 27, 9am-3pm.

Library Friends Book Sale: Jul 27, 9am-4pm.

S'Mores & More: Northern Waters Museum, Jul 28, 11am-3pm.

City Wide Rummage Sales: Aug 3, 8am-4pm.

Treasures In The Yard: Simple Life, Aug 3, 8am-5pm.

Pig Roast: Gateway Lodge Tennis Courts, Aug 3, 5-10pm.

Headwaters Art League Show:
 Gateway Lodge, Aug 9-14.

Ride with Leinie:
Fat Tire Bike Rides: 11-mile & 22-

mile rides on Agonikak National Recreation Trail, start at Brew's Pub, Aug 9. Corn Roast @5pm, Live Music @8pm.

Ride the Trails: 38-mile @9am & 12-mile @11am Forest Lake Country Store, Aug 10, Beer Tasting & Brats afterwards.

Northwoodstock: Bent's Camp, Aug 10, starts at 1pm.

Forest Lake Country Store Events:
Tyrannena Brewing: Jul 25.
New Belgium Brewing: Aug 1.
Palm Bay Imports: Aug 7.
Sand Creek Brewing: Aug 8.

LIBRARY PROGRAMS:

Movie Monday: 10am.
Computer Questions & Answers w/Paul Clay: every Tues, 10:30am.
Programs: every Wed, 10am.
It's a Worm's World: Jul 31.
Art on the Lawn: Aug 7.
Bridge Class: every Thurs, 10am-12pm
Hours: M-F 9am-5pm; Sat 10am-1pm

LOLA PROGRAMS:

Introduction to Watercolors: Jul 31 & Aug 4, 10am-3pm.
Digital Cameras 101: Aug 9, 1-2pm.
Free Lecture & Photography Exhibit: Aug 9, 2-3pm.
Get Up and Dance: Jul 15 - Aug 1.
Musical - It's Saturday - A Day in the Life of a Kid: LOL School, Jul 26, 3pm.

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Line Dancing: St. Alberts Church, every Tues, 9:45-10:45am. & 11am-12pm.

LOLA's 100 Days of Art:
Live Music-Bret Miller: Buzz on B, Jul 25, 1-4pm.
Through the Years Photography: LOL Pharmacy, Jul 25-26, 9am-3pm.
The Creative Side of Bankers: Headwaters Bank, Aug 5-17.
Navajo Rug Lecture: Trading Post, Aug 8, 1pm.
Computers-Paul Clay: Buzz on B, Aug 8, 1-3pm.

A.A.: LOL Town Hall, Sun, 2pm.

Yoga Classes: Town Hall, weekly. Mon 5:30-6:45pm (All levels); Tues 8:30-9:45am (Foundations) and 10:15-11:30am & 5:30-6:45pm (Intro to Viniyoga); Thur 8:30-10am (Continuing) 715-547-3480.

Tennis Court Jesters: every Mon, & Thurs, 9am. All levels of play are welcome.

Summer Bible Study: Hope Lutheran Church, every Tues, 10am.

Fish & Game Club Programs: Ely Church, 2nd Tues (May-Oct) 7pm. 6:30 refreshments.
Ice Cream Social & Wild Rice Harvesting: Aug 13, speaker is Roger LaBine from Lac Vieux Desert.

LOL VFW Post 8400: VFW Hall, last Tue, 7pm.

Headwaters Food Pantry:
Food Pantry Pick-up: Olympic 76 St, 1st & 3rd Wed, 8:30-11:30am.

Gateway Ladies Golf League: Gateway GC, every Wed, 8:30am.

Drop Stitch Group: knit & crochet group, LOL Library, Wed, 1-3pm.

Bingo: St. Albert's Church, every Wed, 'til Aug 21, 7-9pm.

Headwaters Ecumenical Lunch Program: Ely Church, 1st & 3rd Wed, 10:30am-12:30pm.

LOL Planning & Beautification Meeting: LOL Town Hall, 2nd Wed, 8:30am. Public welcome.

Wilderness Lakes Trails: LOL Chamber building, 4th Wed, 5pm. Public welcome.

VFW Post #8400 Ladies Auxillary: LOL VFW Hall, last Wed, 2pm.

Farmers Market: Downtown, every Thurs 'til Aug 29, 9am-12pm.

Flea Market: Town Hall, every Thurs 'til Aug 29, 9am-3pm.

Northern Waters Museum: 'til Labor Day, Thu-Sat, 11am-3pm.

New-U Club: Watch your weight with friends. Hope Lutheran, Thurs, 8:45-10am. More info 906-544-2554.

Airport Commission: Land O' Lakes Airport, 2nd Thurs, 5:30pm. landolakesairport@hotmail.com

Veterans Helping Veterans Outreach Group: LOL Bible Church, 2nd Thurs, 6pm.

LOL Chamber Meeting: 3rd Thurs, 7:30am. Public welcome.

LOL Transfer Station: Tue 8-3; Thurs 12-6; Sat 8-4; Sun 9-12.

LOL Post Office Window: Mon-Fri 9:30am-1pm & 2-4pm; Sat 9:30-11am.

PHELPS • • •
Phelps Men's Softball Tournament: Wavering Park, Jul 16-18.

Fireman's Picnic: Wavering Park, Aug 3, 1pm-9pm.

Picnic in the Park: Wavering Park, Aug 9, 5-9pm.

August Fest: Hillside Resort, Aug 11, 12-4pm.

Phelps Outdoors Fishing Seminar: every Tues, Phelps School, 6-7pm.
Panfish & Bass: Jul 30.
Walleye & Muskie: Aug 6.

LIBRARY PROGRAMS:
Summer Programs:
Dig Into the Past: Jul 25
Birds of Prey: Aug 1.
Beekeeping: Aug 8.
 Hours: M, T, TH, F 10am-4pm; W 2pm-6pm; Sat: 10am - noon.
 Check us out at www.phelps.wislib.org or call 715-545-2887.

\$UPPORT YOUR COMMUNITY TRY TO KEEP IT LOCAL!

Phelps Town Board Meeting: 2nd Mon, 7pm.

Phelps Women's Club Meeting: 3rd Mon, Phelps Fire Barn, 1pm. Call Sharon Gifford for more info 715-545-4008.

Phelps Senior Center Meeting: last Mon, 1pm. Call (715) 545-3983 for lunch res. 24 hours prior to mtg.

Phelps Lions Club: 3rd Thurs, 6pm. Call Dick Martin at 715-891-2296.

Phelps Historical Museum: Hwy 17 downtown Tues, Thurs, Fri & Sat, 10am-2pm or by appt. Call Pauleyn Nystrom 545-3012.

Phelps Transfer Station: Tues 12-3pm; Sat 9am-2pm.

Phelps Post Office Window: Mon-Fri 8am-12:15pm & 2:15-4pm; Sat 9-11am.

WATERSMEET • • •
Ottawa Visitors Center Programs: every Thurs, 7 pm.
Green Fire: Jul 25.
Loons: Aug 1
The Cutover: Aug 8

Ontonagon Valley Sportsmens Club Events at Sucker Creek Range:
Action Pistol Shooting: Jul 28; Aug 11 & 25. Pre-reg. 906-358-4346.
Open Adult (15 & older) Shotgun Shooting: every Thurs, 6pm.

Watersmeet Township Board of Education Meeting: 3rd Mon, 6:30pm, unless otherwise noted.

Watersmeet Ladies Golf League: LVD GC, every Tues, 8:30am.

Northwoods Quilters: Watersmeet Bible Church, Tues, 10am-9pm.

Alcoholics Anonymous Meeting: Spiritual Center on Transfer Station Rd, Tues 7pm (Open Topic) and Fri 2pm (Closed Step).

Invasive Species Control Coalition of Watersmeet (ISCCW): Ranger District Headquarters in Watersmeet, 3rd Tues, 9am.

Weight Watchers Mtg: School, Consumer Ed. Rm, every Wed, weigh-in 4:30pm, meeting 5pm.

Watersmeet Dump: Mon, Tues, Thu, Fri, and Sat 8am-4pm.

Watersmeet Post Office Window: Mon-Fri 9:30am-12:30pm & 1:30-4pm; Sat 9:15-10:45am.

BEYOND THE BORDER • • •
BOULDER JUNCTION •
Gooch's Poker Run: Jul 27, 10:30am.
Musky Jamboree & Street Party: Aug 9-11.

Boulder Junction Music on Main Street: every Thurs, 6:30-8:30pm.
Bret & Frisk: Jul 31.
The Magees: Aug 2 - Traditional Irish & Celtic trio.

Free Fishing Seminar: Community Center, every Sun, 7pm.
Fishing the Northwoods: Jul 28, Todd Gessner.
Fishing the Back Waters: Aug 4, Dave Osborn.

EAGLE RIVER •
Headwaters Council for the Performing Arts-Kids from Wisconsin: NPHS, Jul 26, 7:30pm.

Klondike Concert in the Park: Aug 3, 2-6pm.

Street Sale and Corn Roast: Downtown, Aug 8, 9am-4pm.

Polish Boat Regatta: Pitliks Sand Beach Resort, Aug 10, 1pm.

Trees For Tomorrow Events:
Forest Fest: Aug 3, 9am-3pm.

Family Programs: Free
Creepy Crawlers: Jul 30, 10:30am.
Survivor-Eagle River: Aug. 6, 10:30am.
Public Programs: Free
Meet Live Birds of Prey: Jul 25. Go home with your own bird feeder.
Bats of Wisconsin: Jul 30, 7 pm.
Earth Art: Aug 6, 7 pm.
Youth Outdoor Adventure Series: A Slug's Life: Aug 1.
The Survival Games: Aug 8. Thursdays, 8:30am-4pm, youth ages 8-12. \$25. Pre-reg required 715-479-6456.

Farmers Market: every Wed, 8:30am-1pm.

Vilas Cty Master Gardener's Mtg-Custom Landscaping: 2nd Thurs, 7pm. Public invited, has a speaker.

MINOCQUA •
Brewfest: Torpy Park, Jul 27.

ST. GERMAIN •
Joe Bucher Blues Fest: Pavillion, Jul 27, 3-11pm.


Pig In The Pines: Aug 1-3, 11:30am-9:30pm


Flea Market: Park, every Mon, May 27-Sept 2, 8am-3pm.

Bingo: Community Center, every Mon, Jun 10-Aug 26, 7pm.

THREE LAKES •
Vintage Thunder Grass Drags & Show: Don Burnside Park, Jul 27, 10am.

UPPER MICHIGAN •
Ontonagon Outback 5K Run/1-Mile Walk: Ontonagon Cty Fairgrounds-Greenland, Jul 27, 9am. Reg. at 8am

NEW THIS YEAR...
Pat Tipton Rides + Welcome Party
@ BREW'S PUB
Fri, August 9
 read all about it on the cover of this BORDER BULLETIN!

"Ride with Leinie"
Bike Tour & Beer Tasting
@ Forest Lake Country Store
Sat, August 10

SPREAD THE WORD
"I SAW IT IN THE BORDER BULLETIN!"


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Next issue: August 8, 2013
Submissions by: July 27, 2013

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Guides/Kids Fishing Day Wrap Up

The Eagle River Area Chamber of Commerce and Visitors Center, along with the Eagle River Guides Association held its 33rd annual Guides/Kids Fishing Day on Thursday at the Vilas County Fairgrounds in Eagle River. It was a fun filled day for all who attended.

We started the day off with registration, a casting contest and a learning seminar on how to catch pan fish, use a slip bobber and how to tie a hook onto your line. Then it was time for the most awaited part of the day - the drawing of names to go fishing with area Guides.

This year's event went very well with great weather - sunny and warm. We are very happy to say 16 Guides, from all around the area, volunteered their time to take 2 kids fishing in their boats on area lakes. The Guides not only shared their fishing gear with the kids, but they shared some of their fishing secrets and special fishing stories.

Children from the ages of 7 to 12 participated in this year's Guides/Kids Fishing Day. These children were from all over, either visiting our area or actually from the Eagle River Area. The best parts of the day were seeing the kids with large smiles when their name was drawn to fish with a Guide or best of all the excitement they had when they caught their first fish. The Guides were able to take 29 of 36 kids who participated out in the boat fishing for the day. What an exciting and memorable day for everyone. The other kids unable to fish with a guide enjoyed fishing stories, a hatchery tour and the opportunity to fish in the trout ponds at the Watersmeet Trout Hatchery in Watersmeet, MI.

This event and the opportunity to fish with a Guide truly means a lot to these kids. Also a special salute to all the volunteers who helped make sure the event ran smoothly from all angles, and to the 30 area sponsors who made this event possible and free to all the kids.

Remember to mark your calendars for next year's Guides/Kids Day on July 10, 2014.

Folk Dancing to Benefit AIDS Clinic & Orphanage

There will be a Community Folk Dance on Saturday, August 10th from 8:00 - 10:00pm at the Land O' Lakes Park Pavilion. The event, called "Dancing for Swaziland", is part of the Land O' Lakes Area Artisans' (LOLA) 100 Days of Art! The dance is free and open to the public. There will be a free-will collection taken to benefit Cabrini Ministries which operates an HIV clinic and orphanage in the Lubombo region of Swaziland.

According to Steve Kickert, who will be calling and teaching the dances, Swaziland is considered the epicenter of the global AIDS epidemic. Twenty-six percent of adults in the country are infected with the virus. It has affected the country to the point that the Swazi government now officially recognizes three types of families - two parent families, one parent families, and child run families.

"After visiting our son and daughter-in-law, who work at the orphanage, I wanted to do something to help make a difference. But I'm not a doctor or nurse, and I can't build anything. Then I realized I had a skill that might be used to benefit my community and Swaziland at the same time. That's when I decided to sponsor the community folk dance."

The evening will include easy children's dances, circle dances, reels and square dancing. All of the dances will be taught. "If you can walk, I can teach you to dance," said Kickert, who has more than thirty years experience doing just that.

For more information on Dancing for Swaziland, call 715-547-6972 or e-mail srkickert@gmail.com

For information on Cabrini Ministries, visit their website at www.cabriniministries.org

Swaziland HIV Facts - In a country of 1.2 million people, nearly 15,000 are newly infected with the HIV virus each year. Swaziland has the highest infection rate of any nation on earth. Seven thousand Swazis die of AIDS each year.



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Proceeds from the event will go toward the PHELPS EMERGENCY MEDICAL SERVICE FUND

Land O' Lakes Historical Society Program - S'Mores and More

Take some chocolate, graham crackers, and marshmallows. Add a glowing campfire, and toss in some tall tales from local guides and storytellers, and you'll have the recipe for "S'Mores and More," a family fun event planned by the Land O' Lakes Historical Society for Sunday, July 28.

"S'Mores and More" will be held in the garden area on the south side of the Land O' Lakes NorthernWaters Museum, just off Hwy B in downtown Land O' Lakes. In case of inclement weather, the alternate site will be the town pavilion located in the Land O' Lakes Town Park, just behind the Museum.

All the goodies for "S'Mores" will be provided, as well as sticks for roasting. Volunteers will roast marshmallows for the youngsters. Participants are asked to bring lawn chairs for sitting. All children must be accompanied by a parent or other adult. The event

is free. Chairing the program will be Yvonne Stone, aided by Jeri Shaw and Sue Marcus.

The program will feature stories shared by several of the guides featured in the current expanded "Guide's of the Past and Present" exhibit, now in its second year at the NorthernWaters Museum, located just off Hwy B in downtown Land O' Lakes.

The Land O' Lakes pictorial history book, written by local author, Jon Helminiak, will be on sale at the event. A limited number of these books remain at local stores, including Trading Post Internationale, The Buzz on B, and the Tackle Box.

The Land O' Lakes NorthernWaters Museum is open Thursdays, Fridays and Saturdays from 11am to 3pm. Admission is free.

The Museum is entirely locally funded, and it is run by volunteers of the Land O' Lakes Historical Society, which held its reg-

ular meeting Thursday, July 11, at 8:30am. at the Land O' Lakes Town Hall.

Additional docents are needed to man the museum for the remainder of the season—especially Saturdays. Bonnie Clarke, docent chairperson, said several slots, especially Saturdays, are not filled. To volunteer, please call Bonnie at (715) 547-6287. "Most docents need only to volunteer for one day during the season. Clear instructions are provided, and special training can be arranged. It's

really a lot of fun meeting people who enjoy learning more about Land O' Lakes and its history, and who revel in sharing some of their own stories," said Clarke.

The Historical Society is also planning its annual fall Fish Fry at Bent's Camp, but needs a chairperson for that event as well.

The Land O' Lakes Historical Society meets the second Thursday of each month at 8:30am at the Land O' Lakes Town Hall. All meetings are open to the public. The Society is a 5012C3 tax ex-



empt corporation. To learn more about donating funds, loaning or donating historical items, or about volunteering in other ways, please call Barbara Nehring at (715) 547-3333.

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PHELPS FIRE DEPT 57TH ANNUAL PICNIC & PIG ROAST

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(restaurant closed to regular dining that evening)

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Ontonagon Outback Run/Walk 2013

Registration is now open for the Eighth Annual Ontonagon Outback 5K Run/1-Mile Walk. The event will be held Saturday, July 27, at the Ontonagon County Fairgrounds in Greenland, MI, with a start time of 9am. Registrations can also be made at the event prior to the start, beginning at 8am.

This Ontonagon Outback is a healthy lifestyles opportunity that is sponsored by the Ewen Medical-Dental Center in Ewen, part of a federally qualified health center that strives to improve access to health care for all.

"This is a marvelous opportunity to get outside, enjoy the fresh air and sunshine, take a walk or run, AND improve your heart health and general well-being," said Margaret Comfort, physician assistant at the clinic. "Get those kids outdoors and away from the computer. Come visit with your neighbors and friends!"

The entry fee for the Ontonagon Outback is \$15. There will be performance awards as well as a prize drawing featuring great prizes. All who register for the event are eligible for the prize drawing. Participants who register by Friday, July 12, will be guaranteed a t-shirt commemorating the event.

Registration forms are available at the Ewen Medical-Dental Center in Ewen, online at www.upruralhealth.org, or a registration form can be mailed to those who call the Ewen Medical-Dental Center at (906) 988-2210 or toll free at (800) 270-2904.



Fundraiser for Julie Justice

There will be a benefit at Land O' Lakes Town Pavilion for Julie Justice on Aug. 17th at 2:00pm. There will be a cookout, raffle, and bake sale, as well as other things we're working on.

Anyone that's interested in donating, food, items for raffle, etc, please call Marsha at 1-947-517-8618. All donations will be going to help Julie Justice with medical, gas, time off work, and everyday expenses. Please come out and enjoy the day and help a good cause. She has been diagnosed with primary palmonary hypertenstion, fibromyalgia, COPD, as well as an enlarged heart.

Periodic Closures Of Forest Roads

Ontonagon, MI. – District Ranger Susanne Adams announced today that Forest Roads (FR's) 730 and 733 will be closed periodically through November.

"These road closures are being implemented to ensure public safety during peak periods of heavy truck traffic in the area," stated District Ranger Adams. "The Upper Peninsula Power Company (UPPCO) is performing work on the Victoria Dam and we are encouraging visitors to use extreme caution while in the area as there is increased traffic on the roads." Road closures will be of short duration (1-3 days) and appropriate traffic control devices will be used in and around the area alerting users to road status.

Prior to any road closures, the Forest Service will receive 48 hours' notice from UPPCO. The public is encouraged to call the Ontonagon Ranger District office for updates prior to visiting the area. You may contact the office at 906-884-2085 Monday thru Friday 8:00am (EST) thru 4:00pm.

Forest Road 730 runs east/west of US Hwy. 45 north of Bruce Crossing and FR 733 runs north/south off of FR 730.

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LETTER to the EDITOR

Occasionally the *Border Bulletin* publishes something that our readers strongly object to. In the spirit of fairness we usually offer to print a response or rebuttal. We had many objections to the July 11th Pastor's Window article. The following is a passionately expressed point of view, and an alternative message for our readers. We welcome this, and we hope that you will find it interesting and informative.

Mr. Andrew Milbauer and the Border Bulletin request that any responses that our readers wish to share be forwarded to Mr. Milbauer directly. In your responses please show the respect and civility that Mr. Milbauer deserves.

Mr. Milbauer can be emailed at — andrewmilbauer@gmail.com

The View From My Window

I'm used to people using various religious texts to justify their homophobic beliefs, but never have I encountered someone using a child's puppet show to justify it before. I take exception to Skip Pullen's words written in the July 11th Pastor's Window. For me, these are words of hatred.

He and I come from different places on the journey of faith. As a child I ardently believed words similar to his. It is tempting to call his words bigoted; given that people who agree with him may call me a bully and bigot for labeling his article hate speech. This "Love the Sinner, Hate the Sin" line is merely a veiled way to express hatred. When you hate my sexuality, you hate me. I am gay, my soul that God created is gay.

People like Pastor Pullen often use words from the bible to justify this message of hatred. I wonder how we can evolve to disregard many messages in the bible but this one is still read by the letter of the law. For instance: the bible speaks out against shellfish, yet I don't see massive protests against Red Lobster for their seafood buffet. The bible promoted slavery in the new and old testaments, something that slave owners used to justify slavery before and during the Civil War. The bible even states we should stone to death any woman who isn't a virgin on her wedding night! The bible was written by people, at various times in world history, not God. From there it was retranslated from one language to another—generating the oldest game of "telephone" in world history.

The earliest mention of homosexuality in the bible is the tale of Sodom and Gomorra. There is a debate among many theologians as to what was the original sin of Sodom. The original language of this book lacked a word for "rape". Some argue the sin of Sodom and Gomorrah was

something else entirely. Maybe the sin of Sodom was the intent to rape the visiting angels. Maybe Lot offering his daughters up as a contingency plan angered God. We will never know. This is why some parts of the bible need to be understood by the spirit of the law, not the letter of the law.

Pastor Pullen's writing is hypocritical. A few weeks ago in another Pastor's Window he wrote, "Many young people struggle to find their way in the world. Some kids hear so much anger and negative things toward themselves, is it really any wonder they go down the wrong path in life or think so little of themselves?" Then, within a month he writes some of the most negative and anger filled things a young person dealing with their sexuality can hear. He follows it with the message that because I care for you I need to say these things... much like an abusive spouse utters, "I hit you because I love you." Pastor Pullen's words are the ammunition used by people to justify bullying, harassment, and violence against Gay, Lesbian, Bisexual, and Transgender (GLBT) people the world over. This language is used to justify execution of homosexuals. In the United States, motivations behind gay hate-crimes are usually found to be rooted in theology and dogma learned from their spiritual leaders.

Pastor Pullen's words are more dangerous than people who aren't GLBT may realize. He tells people of faith it is their obligation to call us on our sins. This is a disservice to GLBT youth and their families. It encourages parents that it is their obligation to turn their children straight. His message to youth, including the puppet reference, is you need to want to change. This is a slippery slope toward the "pray yourself straight" belief. I am familiar with this. My parents were taught by their religion that devout prayer

could make me straight. If they loved me it was their obligation to save my soul from homosexuality.

Here is the danger of the "God's love will make you straight" belief. I lived it. I survived it. Starting at the age of ten, realizing I was attracted to men, I began to pray. I begged God to save me from homosexuality and the fires of hell. Hours each day I'd pray. In bed I'd be in tears trying to achieve sincerity... remember you need to want to change according to the puppet show. I didn't want to lose my family or my religion.

These prayers went unanswered. By sixteen my prayers shifted towards something else. I prayed for death, either a terminal illness or accident. This way I wouldn't live this life of sin; as a failure to my faith and family. Those prayers weren't answered either. The danger with this pray-yourself-straight is it doesn't work. When it doesn't work youth are left with a few conclusions: maybe I lack sincerity, maybe I'm not worthy, or maybe God doesn't love me.

In 1999 I moved to Manhattan. The issues at home reached epic proportions around this time. I received a letter from home, from loved ones. The letter indicated I was going to burn in hell. I broke down in tears. My boss, Amy, was a Baptist. Amy caught me sobbing with the letter in my hand, she hugged me. She reminded me of something I first heard in Catholic school. All prayers end with "Amen." This means "God's Will." God hears all prayers and answers those prayers when they are His Will. He never answered my prayers as it wasn't His Will. He answered my prayers in a different manner—he put a religious person in my life at that moment that told me I was okay as I was.

It took fifteen years but my parents and I are fine now. My sexuality isn't an issue. We put the past behind us. We moved beyond judgment and embraced forgiveness. Although that has been forgiven I harbor pain that our church built a wall between us for almost half my life. My parents did what they were told was the right thing to do. The worst part of growing up with this religious dogma was hearing cruel things from family and knowing it was based in their love and re-

continued on page 8 >>

Forest Fest 2013

Forest Fest 2013 takes place Saturday, Aug. 3, at Trees For Tomorrow, and promises a variety of fun-filled activities for all ages.

The annual festival celebrates all that the forest has to offer, from wood products to wildlife to water resources to recreational opportunities. It is free and open to the public.

Displays, demonstrations and exhibits include: chainsaw carving, horse-drawn wagon rides, logging trucks & exhibits, paper-making, a children's fishing pond and much more.



Also on tap: Activities honoring the 80th anniversary of the Civilian Conservation Corps. A special presentation on Ding Darling and the Federal Duck Stamp Program. Live Birds of Prey presentation. Craft vendors, entertainment and food.

Events are free and take place between 9am and 3pm on the Trees For Tomorrow campus, 519 Sheridan Street East.

A Lumberjack Breakfast will be offered from 8am to 10am. Cost is \$7 per person, and \$3 for children 6 and under. For information, call 715.479-6456 or go to www.treesfortomorrow.com.

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LOLA's 100 Days of Summer is Rolling Along...

Here are a few events happening in the community for the beginning of August:

August 5 - 17 visit the Headwaters Bank to view the "Creative Side of Bankers". The staff of the bank are surely talented at counting money but they also have another creative side... paintings, fiber art, photography, bead work, and crafts. Come and see their varied display!

There will be art on the library lawn on August 7. Make deconstructed books with Wendy & Karen. An alternative sculpture process using books that would be otherwise recycled. Great for parents and kids alike! Stop in and create a work of art from a book!

Resident historian and artist, Barb Nehring will share her vast knowledge of Navajo Rugs. She will host a lecture at the Trading Post on August 8. Listen to Barb tell the stories of these beautiful woven rugs and learn about their makers.

The artists of the Headwaters Art League will showcase their work at their annual art exhibit and sale in the lobby of the Gateway Lodge August 9 - 14. This group of local artists will feature many forms of art from paintings to photography.

Many of you may know Rita and Steve Kickert. They are local residents with art in their hearts too! Rita is a ceramic artist and will demonstrate her craft on the LOLA deck August 10. She likes to invite people to get muddy and play in the clay along with her, so come prepared to sit at the wheel and try your hand at pottery! Steve Kickert has a love of folk dance and will be hosting the Dance for Swaziland also on August 10. Steve will call dances that anyone can do! Join Rita and Steve for a foot stomping good time for a good cause!

Joanne Schellgell of Simple Life will bring her Bricolage Beauties to the LOLA center on August 14. Her altered found object dolls have garnered national attention in Art Doll Magazine recently. Join us for her display, lecture and refreshment at 4:30.



Pictured above: Past event: on July 11th, Pete Wyant and his folk art creations at LOLA Center.

Again, just a few of the many offerings that 100 Days of Art brings! For more information call Wendy at 715-547-3950 or visit the LOLA website at lolaartswi.com for detailed listings.

LETTER to the EDITOR
>> continued from page 7

ligion. They were told to do this.

There is a preponderance of evidence that these therapies don't work. Meanwhile Pastor Pullen's words arm more followers to support these very beliefs. GLBT youth are four times more likely than straight youth to attempt suicide. They are at high risk for physical and verbal violence, dropping out of school, and running away from home. If that adolescent faces parental rejection based on religious beliefs, as supported by the words from the Pastor's Window, the suicide rate jumps to eight times more likely than their heterosexual counterparts.

My friend Michael also grew up in a religious family. Church leaders told his parents to fight to save the soul of their son Michael. They tried everything to save Michael, heeding the advice of the priest. Following the directions of their parish they tried to beat the gay out of Michael. After years of counseling and battling depression he hung himself from a tree in a park in Duluth. His forty-page suicide note frequently stated that he was unnatural, broken, and damaged. This is what is dangerous about Pastor Pullen's words.

Sexuality isn't a choice. No one chooses to get bullied at school, at home, and in church. Current research indicates sexuality is inherited. Researchers haven't identified a single gene causing homosexuality. Instead they found that multiple genes influence sexuality, as well as hormone surges in the uterus, based on birth order. We also haven't found an individual gene in humans that expresses intelligence, height, or skin color. 3.5 % of the world population is GLBT, we were made this way naturally.

My message is not for Pastor Pullen. This message is for GLBT youth and their families. You are fine. God loves you and made you who you are, as you are. It gets better. To parents, as Pastor Pullen said in June, "One thing to note here is fathers are not to provoke their children to wrath. It is easy to exasperate a child by setting varying standards or unrealistic expectations on them." Love your child and don't always believe what you read in the Pastor's Window. Be careful—embracing those beliefs can kill your child.

Pastor Pullen's words are not representative of the entire community, and neither are mine. I write this because I don't want the only message read by GLBT youth, in their local paper, to be Pullen's.

I grew up in Vilas County and have always found this community accepting and wonderful. I moved back up here shortly after Michael's funeral. This place is more accepting than Pastor Pullen's comments would suggest.

Being GLBT isn't a choice, and it isn't evil. Spewing hatred is both.

—Andrew Milbauer,
Land O' Lakes

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RENTALS

Northwoods Summer Art Tour - July 26-28

A leisurely drive winding through the back roads of Vilas, Oneida, Iron, Langlade and Lincoln counties is a pleasure enjoyed by visitors and residents alike. Behind the obvious scenic panoramas and lush greens is a vibrant and dynamic art life that is often



"Walleye" stained glass by Jack Stayer, Sand Lake Trading Co., LLC.

painters, potters, photographers, furniture makers, book binders, wood carvers, jewelers, glass and fiber artists, they will see the process of creation as artists demonstrate their skills. Lively discussions are sure to ensue. Purchases may be made directly from the artists.

This is the fourteenth year the Northwoods Art Tour artists have issued their special invitation to the public. Joining the tour for the first time are: Florian Bieschke, Atelier Bookbindery, Arbor Vitae; Linda Polarski, Polarski Cedar Products, Three Lakes, carved furniture; David Kapszukiewicz, Kaps Fine Art, Tomahawk, oil painting; Jack and Chris Stayer, Sand Lake Trading Co., Lac du Flambeau, stained and fused glass; and the area's newest gallery, Northern Memories Fine Art and Gifts, downtown St Germain.

New members are eager to share their artwork and knowledge with visitors. Florian Bieschke notes: "I look forward to using the tour as an opportunity for public education regarding bookbinding and design binding as well as restoration techniques." The bindery also



T. Lauder's Pottery and Printmaking studio with bird baths, St Germain.

hidden. On July 26, 27, and 28, more than 30 of Northern Wisconsin's finest artists will open the doors of their private studios from 10am - 5pm and welcome visitors to their personal creative spaces.

Art lovers will not only discover

offers workshops in the art form. Jack Stayer also enjoys explaining his art form. "We look forward to helping tour guests understand the complexities and intricacies of our art form. Using stained and fused art glass as a medium, my art work is further enhanced by combining a number of unique fusing, copper foil and soldering

methods." Linda Polarski is looking forward to sharing the history of period furniture and techniques for building it. David Kapszukiewicz states: "I enjoy painting from Nature especially where Nature and mankind's paths have crossed. I also enjoy teaching everything I know so others may learn to express themselves

through fine art."

A map and detailed information about each artist and location is available for download at www.northwoodsarttour.com. Chambers of commerce and businesses throughout the tour area also distribute colorful guide brochures.

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Outdoorsman's Dream This cozy, immaculately kept 2 bedroom, 1 bath home is the answer to a relaxing life. Open concept with cathedral ceilings. Includes a sauna house, a dream 40x60 garage; all sitting on 37.62 acres. Tammy Kauranen 906-285-2618. \$225,000. MLS#135563.

Cisco Chain Beauty This is one of the most prestigious properties on the Cisco Chain of Lakes. Located on Thousand Island Lake is a beautiful home with some of the most gorgeous landscaping with a waterfall. Clyde Scott 715-547-3939. \$1,350,000. MLS#132179.

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NATURE NOTES • Snakes by Peter Dring



Peter Dring is a naturalist, photographer, and was Director of the world renowned Little Red Schoolhouse Nature Center for nearly four decades.

A note from Peter Dring: *To the kind folks who come to my door, phone me up, email me, and stop me on the street to ask how I am doing... I am doing fine. Thank you so much for your concern.*

In 1750 a black slave named Caesar jumped into a tub full of rattlesnakes in South Carolina. Caesar claimed to have invented a cure for snakebite. And the Carolina House of Assembly had agreed to give him his freedom and a pension of £100 a year in return for the formula. Caesar's sojourn in the tub was a test to satisfy the assembly that the cure worked. He was bitten several times. He drank an infusion of plantain root and horehound and applied tobacco juice and rum to the wounds.

The remedy was useless for snakebite.

But it secured Caesar's freedom. He survived the test, probably because he knew enough about snakes to have milked the rattlers before jumping into the tub. But what he didn't know about pharmacology, he knew about human nature. He knew his audience was so witlessly afraid of snakes that they would pay handsomely for a magic potion.

Fear of snakes is widespread. Hannibal is said to have terrorized the Roman fleet by catapulting baskets of vipers at them. In 1669, the French explorer La Salle was so frightened on seeing three rattlesnakes that he suffered a high fever. Today, psychologists esti-

mate that more than half of us feel at least mildly squeamish in the presence of snakes and 20 percent of us feel intense fear. The intensely fearful think twice about going outside because of snakes. And one to two percent are so afraid that they cannot hike or camp or walk across an open field. Says Stanford University psychologist Albert Bandura, "In some cases, they require members of the family to look through magazines to see that there are no pictures of snakes in them before they can read." Count my friend among the fearful. Sometimes a snake in the path just stops him cold. For an instant, before he quite knows what it is, his mind becomes a hen house of confusion. Some pallid neuron throws a switch and the pressure falls in his arteries, a cold breath rakes the back of his neck, and resolve dribbles like drain water down his arms. It's just a gopher snake, sun-speckled in tans and blacks. It has frozen at the approaching earthquake of our footsteps and is more paralyzed with fear than he is. Harmless. Had it not been for a glint of light on its shiny scales or the sawing of its black tongue against the air, he wouldn't have noticed it, and those cerebral store clerks would have gone on snoozing in contented ignorance.

He cannot account for this sudden flush of fear. He has read the books that say snakes are entitled to ride this planet.

And not all snakes frighten him. He has nodded approvingly at rattlers in the hills. He fed peevish cobras in a snake park and did not shiver as they struck furiously at him through the glass of their cages. Here on the woodland trail, once the spasm of doubt passes, once he can frame the creature in

certainties and give it a name, order is restored. He can lean down and pick it up, or stare into its small dark eyes, catch his breath, and feel glad of its strangeness. We can watch it slither off into the grass and not feel, as its tail wriggles out of sight, that its head is circling around to rear up and throw a spitball at me.

But the fear embarrasses him. He likes wild places. He wants to see a lambsy gentility in them, and in myself, and snake fright muddies his hopes. Others have been similarly vexed. Writer Alan Moorhead apologized for such moments in his youth: "I never saw a snake - that furtive slowness, that mad, hating eye - without a sudden constriction of the heart. And after the first moment panic was over, we children had just one thought in our minds: Kill it." Fear of snakes is often held to be an evolutionary adaptation, an instinct built into the neurological appliance we inherited from snake-frightened ancestors. Newborn baboons are said to fear snakes. Vervet monkeys have a special "snake chatter" to warn one another of snakes. But researchers have failed to find innate snake fear in other primates. And many humans are fearless of reptiles. Indeed, children are often bitten because they approach snakes eagerly and with open hearts.

So, snake fright seems not to be an inherited enmity. It seems, rather, like the manufacture of ghosts. Snakes often seem to us to slither

beyond life's regular rules. For one thing, we don't see enough of them to get over their strangeness. Since snakes are predators, they are considerably rarer than prey species. For all the tramping we do about in the woods, we tend to see few snakes.

There are no poisonous snakes found in our Northwoods, which is not to say you would not get bitten if you grabbed one. A snake's teeth all point backward, their way of holding on to prey, and they are

constantly forming new teeth to replace those that are broken off or lost.

Herpetophobia: Fear of reptiles.
Ophidiophobia: Fear of snakes.

A humorous quote NOT from the bible...

Adam blamed Eve
Eve blamed the snake
And the snake didn't have a leg to stand on!!

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HEALTH & WELLNESS

Beverage Blunders by Dr. Ida Bergman Allen, DC

With summertime comes much opportunity for reunions, weddings, and just nonchalant gatherings of every kind. With gatherings come the many decisions to be made on what to drink. Obviously, filtered water is essential, but what can you do when water gets boring? For anyone who chooses beverages of the non-alcoholic kind, and for those of you under 21, my recommendations are simple. If you are working at being kind to your body, you are already avoiding beverages full of sugar. This would include 100% fruit sugars. Think of it this way; let's say it takes about 6 oranges to make one small glass of juice. Have you ever eaten 6 oranges all at once? This is an unnatural situation for the

body. It causes too much stress on the pancreas and the glucose/insulin factors. If you are juicing fruits for the vitamins, you must also understand that the vitamin content depletes rapidly at the instant of juicing. Within 60-120 seconds, the vitamin and antioxidant content has dropped by at least 50%. Instead of juices, opt for lemon, lime, mint leaf, orange, or cucumber infused water. Just let the substance you choose sit in the water for awhile in the fridge. It is actually a wonderful refreshing treat or change from regular water. You can also add your favorite tea bags to the water for flavor. Sparkling water is also a nice change up. Infuse it the same way or try one of the naturally flavored sparkling waters that do not contain sugar. If you absolutely need more taste, add just a splash of pomagranate or another

high antioxidant natural juice. Kombucha is also a wonderful alternative to plain water. Because of the specific fermentation process, this is a powerpacked superfood (or superdrink in this case). You can even make it yourself. Even though it takes sugar to ferment it, when the process is done, the sugar no longer has an effect on the insulin levels of your cells. When purchasing in the store, find the variety with 2g of sugar or less.

As far as coffee is concerned, it really depends on your individual situation. Some people do fine with coffee. I will even go as far as to say that many Americans are unknowingly using coffee as their multivitamin as it really is packed with good vitamins and minerals. However, it becomes quite easy to overdo it with coffee. Put it this way, if you wake up feeling like you NEED coffee to get through your morning, you have an issue with your adrenal glands and should have that looked into by a competent nutritionist. If you are someone who has a cup of coffee here and there for a 'treat', you're good to go. No matter which category you fall into though, always look for an organic variety as the coffee bean is one of those crops that is full of pesticides if not organic. If you want to avoid the caffeine, look for water processed decaf. If it is not water processed, the caffeine is stripped from the bean using formaldehyde and other chemicals.

For those of you who choose a spirited beverage once in a while, there are ways to make the experience healthier for you. Remember that ALL alcohol breaks down directly into sugar in your body so keeping it to a minimum in any case is important. First, as you have probably heard, red wine contains an age defying substance called resveratrol. The darker the red wine, the better. Wine also contains sulfites, however. Sulfites are little substances that cause free-radical

damage to your cells. The sulfites are usually the problem in the case of wine headaches. Always look for sulfite free wine produced with organically grown grapes. When it comes to beer, the gluten free varieties are substantially healthier for you. They are usually derived from rice or oats which are not rancid at the time of brewing as in the case of wheat or barley. There are several varieties out there; you'll just need to do a little extra research at purchasing time. As far as liquor goes, it is my opinion that grain derived spirits are worse for you than non-grain derived varieties. For example, there are organic vodkas available derived from potatoes. This would be a much better choice than regular vodka. The 'healthiest' liquor in my opinion would be

high end tequila. Because tequila is typically created from the agave plant, it is starting off healthier than other liquors. The process used to ferment the agave plant is also superior to other liquors. A quick disclaimer here: I do not believe agave SWEETENERS are healthy. The sweeteners derived from the agave plant are, in my opinion, no better than high fructose corn syrup due to the high temperatures at which most of them are processed. Back to the tequila - use a high end variety mixed with your favorite flavor of sparkling water and lime.

Even though you may be used to certain drinks, you don't have to be stuck with an unhealthy one, there are always ways to make that drink a little better for you. Small steps over time...

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Many times customers ask us how stamps are selected. The selection of subjects for U.S. postage stamps and stationary is a difficult task, since only a limited number of new commemorative items can be issued annually. To help in the selection process, the Postmaster General established the Citizens' Stamp Advisory Committee (CSAC) in 1957 to recommend subjects and designs. Members are appointed to the Committee by the Postmaster General, and they reflect a wide range of educational, artistic, historical, and professional expertise.

The committee receives and reviews suggestions from more than 50,000 people each year for stamp subjects. It reviews all suggestions using a specific set of criteria and selects subjects for recommendation to the Postmaster General. He in turn selects about 25 to 30 new subjects for commemorative stamps. U.S. postage stamps reflect the American experience, and inspiring subjects and designs continue to bring history to life. To accommodate the needs of our stamp collectors, as well as the mailing public, we offer a wide range of subjects that are both interesting and educational.

Residents may send proposed ideas for stamp subjects to the Citizens' Stamp Advisory Committee at:
 Citizens' Stamp Advisory Committee
 c/o Stamp Development
 U.S. Postal Service
 475 L'Enfant Plaza SW, Room 3300
 Washington DC 20260-3501

The committee works at least 2-3 years in advance of the proposed date of issue. After approving a stamp subject, the Postal Service relies on its design coordinators and selected artists to execute the designs. Stamp designing is a unique art form requiring exacting skills in portraying a subject within very small dimensions. Due to the demands of the stamp design and reproduction requirements, it is our policy not to review or accept unsolicited artwork.

Boulder Junction 57th Annual Musky Jamboree

Tradition meets excitement in Boulder Junction, The Musky Capital of the World®, at the 57th Annual Musky Jamboree! Presented by the Boulder Junction Chamber of Commerce, the event features three days of family-friendly fun, music and – of course – delicious fish from Friday, August 9 - Sunday, August 11, 2013.

The festivities kick off with a bang on Friday night from 7-10 pm, with live music by Hip Pocket at our street party near Coontail Corner (rain location: Gooch's A-1 Bar & Grill). The fun continues with a fireworks display at 9:30pm, sponsored by the town of Boulder Junction and viewable from the Street Party. American Legion Post 451 will be serving beverages and snacks.

On Saturday, August 10, the Boulder Junction Historical Society Museum will be open for viewing from 11am-4pm, along with a brat and bake sale at the Community Center. At 11:30am, the Picnic Theatre performs "A 1940s Summer Vacation". That same evening, from 4pm to 8pm the Vines, Rhythm and Brews Festival will be held at the Outdoorsman featuring music by Scott Kirby. All proceeds will be donated to the Boulder Junction Community Foundation.

Get up early on Sunday, August 11, as a full day of activities kicks off at 6:00 am with registration for the 5K and 10K Musky Fun Run through the beautiful Northwoods. The race begins at 7:30am and pre-registration can be done at www.tandhtiming.com. If running isn't your speed, no worries -- Main Street will be filled with activities for all ages and interests at 9:00am! Over 100 artists fill Main Street with hand-crafted items including furniture, fine art, jewelry, and much more; don't miss the Lion's Club Flea Market at the Community Center. The 22nd Annual Musky Day Car Show, sponsored by Boulder Beer Bar, is a chance for new and experienced competitors to shine. The entry fee is just \$12 (\$10 if pre-registered) and includes dash plaques and a meal ticket for the first 80 cars. A 50/50 raffle will take place at the Car Show from 11am to 2:30pm. Car Show awards and the 50/50 winner will be announced at 2:30pm. Live entertainment provided by Ron Harrison, Lakeland Community Band and Thee Weasels will continue throughout the afternoon on the Main Street Stage. No need to run from event; shuttle service is available from 9am-4pm.

In The Musky Capital of the World®, though, fishing takes center stage! From 10:30am to 2pm, the Kids' Casting Contest, sponsored by WE Energies & Northern Highland Sports, invites all kids age 14 or younger to show off their casting skills and compete for prizes. The Taste of Musky provides delectable treats at noon in the Junction Square parking lot. But 11:30am is the moment of truth for anyone who's fished in Boulder Junction waters, with the presentation of the Musky award, sponsored by Northern Highland Sports, for the largest Musky caught during the 2012 fishing season. Oh and be sure to stop by the "Meet the Guides" booth for tips on fishing!

The mighty musky certainly gets its due at the 57th Annual Musky Jamboree! For more information about the Musky Jamboree or for general information about Boulder Junction visit www.boulderjct.org or call 715-385-2400.

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Swimmer's Itch Prevention

Vilas County Public Health recommends precautions to prevent swimmer's itch.

With summer now in full swing in the Northwoods, and area residents and visitors taking to the lakes as a way to cool off, the Vilas County Public Health Department (VCPHD) wants the public to be aware of swimmer's itch and encourages all swimmers to take simple preventive measures when swimming in any area lake or pond.

"Swimmer's itch, also called cercarial dermatitis, appears as a skin rash caused by an allergic reaction to certain microscopic parasites that infect some birds and mammals," says Gina Egan, Vilas County Public Health Director. These parasites are released from infected snails into fresh and salt water (such as lakes, ponds and oceans). While the parasite's preferred host is the specific bird or mammal, if the parasite comes into contact with a swimmer, it burrows into the skin causing an allergic reaction and rash. Swimmer's itch is found throughout the world and

is more frequent during summer months.

Anyone who swims or wades in infested water may be at risk. Larvae are more likely to be present in shallow water by the shoreline. Children are most often affected because they tend to swim, wade, and play in the shallow water more than adults. Also, they are less likely to towel dry themselves when leaving the water. Swimmer's itch is not contagious and cannot be spread from one person to another.

Symptoms of swimmer's itch may include: tingling, burning, or itching of the skin; small reddish pimples; and small blisters.

Within minutes to days after swimming in contaminated water, you may experience tingling, burning, or itching of the skin. Small reddish pimples appear within twelve hours. Pimples may develop into small blisters. Scratching the areas may result in secondary bacterial infections. Itching may last up to a week or more, but will gradually go away.

Most cases of swimmer's itch

do not require medical attention. If you have a rash, the Centers for Disease Control suggest you may try the following for relief:

Use corticosteroid cream. Apply cool compresses to the affected areas. Bathe in Epsom salts or baking soda. Soak in colloidal oatmeal baths. Apply baking soda paste to the rash (made by stirring water into baking soda until it reaches a paste-like consistency). Use an anti-itch lotion.


Tips for reducing the likelihood of swimmer's itch include:

- Shower immediately after coming out of the water, if facilities are available.
- Briskly dry off with a towel, especially where the bathing suit touches the skin, as soon as exiting the water.
- The organism is found in shallow water, so limit the amount of time spent wading.
- Do not feed waterfowl in areas where people swim.

The Vilas County Public Health Department hopes these swimming safety tips will help everyone have a healthy summer.

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Land O' Lakes Area Artisans...

Land O' Lakes Area Artisans, Inc./LOLA has added some additional classes for August. Take time for *Art* as a part of your north woods experience!

There will be two chances to take Beginning Watercolors with artist Wendy Powalisz, July 31 or August 4. This introduction to Watercolors has been a popular class for visitors and residents to the area. Come and explore the magic of watercolor. Learn basic washes, brush strokes and techniques that will lead to success in painting with transparent watercolors. All materials are supplied, so no excuses! Jump in and paint!

Introduction to Watercolors: Wednesday, July 31
or Sunday, August 4, 10 - 3 pm.

Adults & Children Ages 12+, Adults: \$35.00 Children: \$18.00

Join us for an afternoon of photography. On Friday, August 9, LOLA's summer intern Nina Fiorucci will share her knowledge of digital cameras and fine art photography. First a class on Digital Cameras - 101 will be held at 1:00pm. This class will be a general overview of digital camera operation, along with some "how-to" for taking great photos. There will be a \$10.00 donation to LOLA for this class. At 2:00pm. Nina will give a lecture on Fine Art Photography in the Digital Age. Nina does alternative darkroom photographic processes and believes that one does not have to be a skilled artist to understand art's importance and looks forward to sharing her passion for photography with others by offering this special class and lecture. Fiorucci will also have examples of her own photographic art on display.

Digital Cameras - 101: Friday, August 9, 1:00 - 2:00 pm.
Adults & Kids 12+: \$10.00 each

Free Lecture & Photography Exhibit: Friday, August 9
2:00 - 3:00 pm.

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Watersmeet, MI artist, Bonita Ross will lead "Spirit Cards with Watercolors", a class to express your emotions and inner spirit by using your creative intuition. Be surprised by the diverse results you will get from this class. Some watercolor painting knowledge is required.

Spirit Cards with Watercolors: Thursday, August 22
10:00am - 2:00pm, Adults: \$35.00

On Saturday, August 31, Hurley artist, Saga Erickson of Stark Raven Studio, will teach Beginning Acrylic Painting. Saga works in a variety of media doing portraits, murals and even 18th century traditional craft making. This class will take the fear out of acrylics and help you get started in this diverse medium.

Beginning Acrylic Painting: Saturday, August 31, 10am - 4pm
Adults. There will be a fee for this class.

All classes will be held at the LOLA Center for the Arts at 4262 County Road B in downtown Land O' Lakes. For information and to register for classes, please call LOLA programming director, Wendy Powalisz at 715-547-3950. See additional classes and events at lolaartswi.com.

LOLA's Summer Musical Theater Classes will end with a performance on Friday, July 26, 3:00 pm. at the Land O' Lakes Elementary School Auditorium.

"It's Saturday - A day in the life of a kid" Friday, July 26, 3:00 pm
Land O' Lakes Elementary School Auditorium, Free Admission.

Under the direction of Jamie Hollenberger, UW-Whitewater graduate and teacher of music and choir in the Racine Unified District, this performance will feature students ranging in ages from 7 to 14 years old. The musical will feature singing, dancing and skits that show the boredom of chores, the lazy time watching cartoons, the dreaded piano lessons, the exuberant Mom as "coach" and the silly slumber party that all happen on a Saturday!

Join LOLA in supporting our youth and their hard work in musical theater with this free performance. LOLA is a 501 (c) (3) non-profit arts organization that provides arts education for adults and children and brings enrichment through the arts to the community at large.

For more information, contact LOLA programming director, Wendy Powalisz at 715-547-3950 or visit LOLA's website at lolaartswil.com.

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West Nile Mosquitoes

The Vilas County Public Health Department reports a dead crow found in Vilas County on 7/9/13 has tested positive for West Nile virus. This is the first bird that tested positive for West Nile virus in Vilas County since surveillance for the mosquito-transmitted virus began 5/1/13.

"The positive bird means that residents of Vilas County need to be more vigilant in their personal protective measures to prevent mosquito bites," Gina Egan, Health Officer/Public Health Director said.

West Nile virus is spread to humans through the bite of an infected mosquito. Mosquitoes acquire the virus by feeding on infected birds.

"Vilas County residents should be aware of West Nile virus and take some simple steps to protect themselves against mosquito bites," Egan said. "The West Nile virus seems to be here to stay, so the best way to avoid the disease is to reduce exposure to and eliminate breeding grounds for mosquitoes."

The Vilas County Public Health Dept. recommends the following:

- Limit time spent outside at dawn and dusk, when mosquitoes are most active.
- Apply insect repellent to clothing as well as exposed skin since mosquitoes may bite through clothing.
- Make sure window and door screens are in good repair to prevent mosquito entry.
- Properly dispose of items that hold water, such as tin cans, plastic containers, ceramic pots,

continued on next page >>

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>> continued from previous page

- or discarded tires.
- Clean roof gutters and downspouts for proper drainage.
- Turn over wheelbarrows, wading pools, boats, and canoes when not in use.
- Change the water in birdbaths and pet dishes at least every three days.
- Clean and chlorinate swimming pools, outdoor saunas, and hot tubs; drain water from pool covers.
- Trim tall grass, weeds, and vines since mosquitoes use these areas to rest during hot daylight hours.
- Landscape to prevent water from pooling in low-lying areas.

The majority of people (80%) who are infected with West Nile virus do not get sick. Those who do become ill usually experience mild symptoms such as fever, headache, muscle ache, rash, and fatigue. Less than 1% of people infected with the virus get seriously ill with symptoms that include high fever, muscle weakness, stiff neck, disorientation, mental confusion, tremors, confusion, paralysis, and coma. Older adults (age 50+) and those with compromised immune systems are at greater risk of developing central nervous system illness that can be fatal.

The Department of Health Services has monitored the spread of West Nile virus since 2001 among wild birds, horses, mosquitoes, and people. During 2002, the state documented its first human infections and 52 cases were reported that year. During 2012, 57 cases of West Nile virus infection were reported among Wisconsin residents, the highest annual number of cases reported since surveillance began in Wisconsin. West Nile virus infections in humans have been reported from June through October; however, most reported becoming ill with West Nile virus in August and September.

The Wisconsin Division of Public Health will continue looking for West Nile virus until the end of the mosquito season. To report a sick or dead bird please call the Dead Bird Reporting Hotline at 1-800-433-1610. For more info on West Nile virus: www.dhs.wisconsin.gov/communicable/ArboviralDiseases/WestNileVirus/Index.htm.



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CLASSIFIEDS

continued from back cover >>

LOST & FOUND

LOSE OR FIND SOMETHING?
Place a free ad in our classifieds to get those items back where they belong.

A BOAT FOUND on Cisco Chain. Call to identify 715-547-3154.

KAYAK FOUND on Cisco Branch of the Ontonagon River. Call 906-544-2413 and describe.

MARINE

BOATS FOR SALE: 1994 Tracker Pontoon Boat, 21ft fishing barge, 40hp Mariner, low hours, excellent condition, \$4450. 14ft Sunfish Sailboat, \$295. 715-547-3241 #072513

MISCELLANEOUS

DISPLAY CASE with glass top & front. 8ft long, 2 glass shelves. Great for bakery goods, jewelry, etc. Has electrical outlet installed. \$300. 715-547-3745.

ICE CREAM FREEZER - holds 8 flavors. Like new \$1800. Everything to start serving ice cream also available. Call 715-547-6169.

QUALITY WOOD FINISHES by Wolman, Zinsser, Varathane and more. Treated wood from 2x6 through 12x12 timbers. Sandstone for patios, landscaping and walls. Aqua-Therm Outdoor Wood Furnaces. Napoleon and Country Woodstoves. Big Bear Out Post, Conover, WI. 715-479-8528 #090513

JULY 25TH IN HISTORY...
1832.1ST RAILROAD ACCIDENT IN U.S., (GRANITE RAILWAY IN QUINCY, MASS.) 1 PERSON WAS KILLED.

REAL ESTATE

REAL ESTATE FOR SALE by Owner - Premier 146' sandy lake front, 2 story 1200 sq. ft. home, attached 24'x24' garage, 2BA/2BR plus loft \$295,000. Call 715-479-9052. #072513

SERVICES

ASHER'S CHIMNEY SWEEP. Cleaning & Inspection. Call 715-891-6520

CUSTOM SEWING: Alterations and clothing repair. Reasonable prices. Please call for other sewing questions. 715-479-8915. #103113

YES, I CAN REPAIR storm windows and screens, patio and porch screens, thermopanes, glass cut-to-size. Drop off at NAPA, Land O' Lakes. Also do interior and exterior painting. Call Joe Giese at 715-547-3291.

STORAGE

STORAGE UNIT - You lock and keep the key. 10' x 24' concrete, fully insulated. Security gate. One year lease-\$35 per month. 6 month-\$45. Month to Month-\$65. Call 715-479-9232. #103113

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1998 SUBURBAN, 4WD, tow package, seats 8, BRAND NEW AC, mechanically sound, 102k miles, \$4,000. Land O Lakes Airport. Call Randy at 715-547-3337. #080813

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AREA SALES

LAND O' LAKES COMMUNITY Wide Garage Sales 8-4 Saturday, August 3rd. Sign up your sale NOW at the Chamber for \$20. Have your sale listed on the Community map. Maps with sale descriptions and locations will be available at the Chamber of Commerce on the sale day at 7 a.m. Also on line at www.landolakes-wi.org. For information call 715-547-3432 #072513

FOR RENT

3 BEDROOM, ON BIG LAKE. Dock. Fireplace. \$900 per month plus utilities and deposit. Call Gary 815-347-1712.

2 BEDROOM 1 bath lower, many new upgrades. On site laundry, assigned off street parking w/outlet. Locked storage unit. Clean, quiet. Located on Hwy B, Land O' Lakes. No Pets, No Smoking, \$435/month. evergreenlol@live.com 608-383-3385 #072513

APARTMENT, DOWNTOWN Land O' Lakes. Deluxe upstairs apartment in beautiful house. Walk to everything, large, paneled living (or living/sleeping) room, bedroom, kitchen/dinette, with walk-in pantry, huge walk-in cedar closet, basement storage area. Big yards, beautiful trees. Children welcome, next to elementary school - no streets to cross. Pets negotiable. Shared washer/dryer. No Smoking. Available now. Month-to-month. \$350.00/month plus utilities. Security deposit and references required 715-547-3638 Available Now! #071113

HOUSE FOR RENT: Waterfront Home For Rent - 2 bdrm, 1 bath, own pier on Cisco Chain. Hardwood floors, central A/C, oversized attached 2 car garage, appliances, lawn care & snow removal included. \$690/month plus utilities & security deposit. 847-502-8506. #07251

FREE STUFF

GIVING SOMETHING AWAY? Free classified, for one issue.

continued on page 15 >>

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